

Atlantic Highlands, NJ - Sep 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:57	4.4	3:33	5.3	9:26	0.9	10:27	0.7	6:23	7:29	
2	Sun	4:05	4.6	4:40	5.6	10:33	0.6	11:24	0.3	6:24	7:27	
3	Mon	5:14	4.9	5:44	5.9	11:34	0.3			6:24	7:26	
4	Tue	6:15	5.3	6:41	6.3	12:18	-0.1	12:31	0.0	6:25	7:24	
5	Wed	7:10	5.7	7:33	6.5	1:10	-0.4	1:27	-0.3	6:26	7:22	
6	Thu	8:01	6.1	8:24	6.5	2:01	-0.7	2:22	-0.5	6:27	7:21	
7	Fri	8:52	6.2	9:15	6.4	2:52	-0.8	3:16	-0.6	6:28	7:19	
8	Sat	9:43	6.3	10:07	6.1	3:40	-0.8	4:07	-0.5	6:29	7:18	
9	Sun	10:36	6.2	11:01	5.8	4:27	-0.7	4:58	-0.3	6:30	7:16	
10	Mon	11:30	5.9	11:57	5.4	5:13	-0.4	5:50	0.1	6:31	7:14	
11	Tue			12:26	5.7	6:02	0.1	6:46	0.5	6:32	7:13	
12	Wed	12:54	5.1	1:21	5.4	6:55	0.5	7:49	0.8	6:33	7:11	
13	Thu	1:50	4.8	2:14	5.2	7:55	0.8	8:54	0.9	6:34	7:09	
14	Fri	2:45	4.6	3:08	5.0	8:58	1.0	9:56	1.0	6:35	7:08	
15	Sat	3:41	4.5	4:04	5.0	9:57	1.1	10:49	0.9	6:36	7:06	
16	Sun	4:39	4.5	5:01	5.0	10:51	1.0	11:36	0.7	6:37	7:04	
17	Mon	5:34	4.7	5:53	5.1	11:39	0.9			6:38	7:03	
18	Tue	6:22	4.9	6:38	5.2	12:19	0.6	12:24	0.7	6:39	7:01	
19	Wed	7:05	5.1	7:18	5.3	1:00	0.5	1:07	0.6	6:40	6:59	
20	Thu	7:44	5.3	7:55	5.4	1:39	0.4	1:50	0.5	6:41	6:58	
21	Fri	8:21	5.4	8:30	5.3	2:18	0.3	2:32	0.4	6:42	6:56	
22	Sat	8:56	5.4	9:04	5.2	2:55	0.3	3:12	0.4	6:43	6:54	
23	Sun	9:29	5.3	9:37	5.0	3:30	0.4	3:50	0.5	6:44	6:52	
24	Mon	10:02	5.3	10:11	4.8	4:03	0.5	4:27	0.6	6:45	6:51	
25	Tue	10:37	5.2	10:51	4.7	4:34	0.6	5:05	0.7	6:46	6:49	
26	Wed	11:18	5.2	11:39	4.5	5:05	0.7	5:46	0.8	6:47	6:47	
27	Thu			12:09	5.2	5:42	0.9	6:37	1.0	6:48	6:46	
28	Fri	12:37	4.4	1:07	5.2	6:32	1.0	7:44	1.0	6:49	6:44	
29	Sat	1:39	4.4	2:08	5.3	7:45	1.1	8:57	0.9	6:50	6:42	
30	Sun	2:42	4.5	3:11	5.4	9:07	1.0	10:03	0.6	6:51	6:41	