

Atlantic Highlands, NJ - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:48	4.8	4:18	5.6	10:18	0.7	11:01	0.2	6:52	6:39	
2	Tue	4:55	5.1	5:23	5.8	11:20	0.3	11:54	-0.1	6:53	6:38	
3	Wed	5:56	5.6	6:21	6.1			12:16	-0.1	6:54	6:36	
4	Thu	6:51	6.0	7:14	6.2	12:46	-0.4	1:11	-0.4	6:55	6:34	
5	Fri	7:41	6.3	8:05	6.3	1:36	-0.7	2:06	-0.5	6:56	6:33	
6	Sat	8:30	6.5	8:54	6.2	2:25	-0.7	2:58	-0.6	6:57	6:31	
7	Sun	9:19	6.4	9:45	5.9	3:14	-0.7	3:49	-0.5	6:58	6:29	
8	Mon	10:08	6.2	10:37	5.6	4:00	-0.5	4:37	-0.3	6:59	6:28	
9	Tue	11:00	5.9	11:32	5.2	4:46	-0.1	5:26	0.1	7:00	6:26	
10	Wed	11:54	5.6			5:32	0.3	6:18	0.4	7:01	6:25	
11	Thu	12:29	4.9	12:49	5.3	6:21	0.7	7:16	0.8	7:02	6:23	
12	Fri	1:25	4.6	1:42	5.0	7:18	1.1	8:19	1.0	7:03	6:21	
13	Sat	2:19	4.5	2:35	4.8	8:22	1.3	9:20	1.0	7:04	6:20	
14	Sun	3:12	4.4	3:28	4.7	9:25	1.3	10:14	1.0	7:05	6:18	
15	Mon	4:07	4.5	4:23	4.7	10:22	1.2	11:01	0.8	7:06	6:17	
16	Tue	5:01	4.7	5:17	4.8	11:12	1.0	11:44	0.7	7:07	6:15	
17	Wed	5:51	4.9	6:05	4.9	11:57	0.8			7:08	6:14	
18	Thu	6:34	5.2	6:47	5.0	12:24	0.5	12:41	0.6	7:09	6:12	
19	Fri	7:13	5.4	7:26	5.1	1:03	0.4	1:24	0.4	7:10	6:11	
20	Sat	7:50	5.5	8:02	5.1	1:41	0.3	2:06	0.3	7:12	6:09	
21	Sun	8:24	5.6	8:37	5.0	2:20	0.3	2:48	0.2	7:13	6:08	
22	Mon	8:57	5.6	9:12	4.9	2:57	0.3	3:28	0.2	7:14	6:07	
23	Tue	9:30	5.6	9:49	4.8	3:33	0.4	4:08	0.3	7:15	6:05	
24	Wed	10:08	5.5	10:32	4.6	4:08	0.5	4:48	0.3	7:16	6:04	
25	Thu	10:52	5.4	11:24	4.5	4:45	0.6	5:31	0.5	7:17	6:02	
26	Fri	11:47	5.3			5:26	0.7	6:22	0.6	7:18	6:01	
27	Sat	12:25	4.4	12:49	5.3	6:20	0.9	7:25	0.7	7:19	6:00	
28	Sun	1:28	4.5	12:51	5.2	6:33	1.0	7:34	0.6	6:20	4:59	
29	Mon	1:30	4.7	1:54	5.3	7:53	0.9	8:39	0.4	6:22	4:57	
30	Tue	2:33	4.9	2:58	5.3	9:04	0.6	9:38	0.1	6:23	4:56	
31	Wed	3:37	5.3	4:02	5.5	10:06	0.2	10:31	-0.3	6:24	4:55	