

## Atlantic Highlands, NJ - Dec 1979

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 5:13  | 5.8 | 5:37  | 5.1 | 11:41 | -0.4 | 11:48 | -0.6 | 6:59                                                                                | 4:30 |    |
| 2    | Sun | 6:03  | 5.9 | 6:28  | 5.2 |       |      | 12:33 | -0.5 | 7:00                                                                                | 4:30 |    |
| 3    | Mon | 6:49  | 6.0 | 7:16  | 5.1 | 12:37 | -0.6 | 1:23  | -0.6 | 7:01                                                                                | 4:30 |    |
| 4    | Tue | 7:34  | 5.9 | 8:03  | 5.0 | 1:24  | -0.5 | 2:11  | -0.6 | 7:02                                                                                | 4:29 |    |
| 5    | Wed | 8:18  | 5.7 | 8:50  | 4.8 | 2:11  | -0.3 | 2:56  | -0.5 | 7:03                                                                                | 4:29 |    |
| 6    | Thu | 9:03  | 5.4 | 9:39  | 4.6 | 2:54  | -0.1 | 3:38  | -0.3 | 7:04                                                                                | 4:29 |    |
| 7    | Fri | 9:49  | 5.1 | 10:30 | 4.3 | 3:36  | 0.2  | 4:20  | 0.0  | 7:05                                                                                | 4:29 |    |
| 8    | Sat | 10:36 | 4.8 | 11:21 | 4.2 | 4:18  | 0.5  | 5:03  | 0.2  | 7:06                                                                                | 4:29 |    |
| 9    | Sun | 11:26 | 4.5 |       |     | 5:02  | 0.7  | 5:49  | 0.5  | 7:07                                                                                | 4:29 |    |
| 10   | Mon | 12:11 | 4.1 | 12:14 | 4.3 | 5:54  | 1.0  | 6:41  | 0.6  | 7:07                                                                                | 4:29 |    |
| 11   | Tue | 1:00  | 4.1 | 1:02  | 4.1 | 6:55  | 1.1  | 7:35  | 0.7  | 7:08                                                                                | 4:29 |    |
| 12   | Wed | 1:47  | 4.1 | 1:50  | 4.0 | 7:59  | 1.1  | 8:28  | 0.6  | 7:09                                                                                | 4:29 |   |
| 13   | Thu | 2:36  | 4.2 | 2:42  | 3.9 | 8:58  | 0.9  | 9:18  | 0.5  | 7:10                                                                                | 4:30 |  |
| 14   | Fri | 3:27  | 4.4 | 3:38  | 4.0 | 9:51  | 0.7  | 10:04 | 0.4  | 7:11                                                                                | 4:30 |  |
| 15   | Sat | 4:17  | 4.6 | 4:33  | 4.1 | 10:40 | 0.4  | 10:48 | 0.2  | 7:11                                                                                | 4:30 |  |
| 16   | Sun | 5:04  | 4.9 | 5:22  | 4.2 | 11:27 | 0.1  | 11:31 | 0.0  | 7:12                                                                                | 4:30 |  |
| 17   | Mon | 5:47  | 5.2 | 6:07  | 4.4 |       |      | 12:14 | -0.1 | 7:13                                                                                | 4:31 |  |
| 18   | Tue | 6:27  | 5.5 | 6:50  | 4.5 | 12:16 | -0.1 | 1:01  | -0.4 | 7:13                                                                                | 4:31 |  |
| 19   | Wed | 7:08  | 5.6 | 7:33  | 4.6 | 1:02  | -0.2 | 1:47  | -0.6 | 7:14                                                                                | 4:31 |  |
| 20   | Thu | 7:51  | 5.7 | 8:19  | 4.6 | 1:48  | -0.3 | 2:33  | -0.7 | 7:15                                                                                | 4:32 |  |
| 21   | Fri | 8:37  | 5.7 | 9:09  | 4.6 | 2:35  | -0.4 | 3:18  | -0.8 | 7:15                                                                                | 4:32 |  |
| 22   | Sat | 9:28  | 5.6 | 10:03 | 4.6 | 3:22  | -0.4 | 4:04  | -0.7 | 7:16                                                                                | 4:33 |  |
| 23   | Sun | 10:23 | 5.4 | 11:02 | 4.6 | 4:12  | -0.2 | 4:52  | -0.6 | 7:16                                                                                | 4:33 |  |
| 24   | Mon | 11:22 | 5.1 |       |     | 5:07  | -0.1 | 5:46  | -0.5 | 7:16                                                                                | 4:34 |  |
| 25   | Tue | 12:02 | 4.7 | 12:21 | 4.9 | 6:11  | 0.1  | 6:46  | -0.4 | 7:17                                                                                | 4:34 |  |
| 26   | Wed | 12:59 | 4.8 | 1:19  | 4.7 | 7:22  | 0.2  | 7:48  | -0.3 | 7:17                                                                                | 4:35 |  |
| 27   | Thu | 1:57  | 4.9 | 2:18  | 4.6 | 8:32  | 0.2  | 8:49  | -0.4 | 7:18                                                                                | 4:36 |  |
| 28   | Fri | 2:56  | 5.0 | 3:20  | 4.4 | 9:35  | 0.0  | 9:45  | -0.4 | 7:18                                                                                | 4:36 |  |
| 29   | Sat | 3:57  | 5.1 | 4:23  | 4.4 | 10:33 | -0.2 | 10:38 | -0.5 | 7:18                                                                                | 4:37 |  |
| 30   | Sun | 4:54  | 5.3 | 5:20  | 4.5 | 11:26 | -0.4 | 11:28 | -0.5 | 7:18                                                                                | 4:38 |  |
| 31   | Mon | 5:45  | 5.4 | 6:11  | 4.6 |       |      | 12:16 | -0.5 | 7:19                                                                                | 4:39 |  |