

Atlantic Highlands, NJ - May 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:07	4.6	9:20	5.4	3:18	0.0	3:21	0.3	5:54	7:51	
2	Fri	9:43	4.5	9:54	5.3	3:57	0.0	3:56	0.4	5:53	7:52	
3	Sat	10:22	4.4	10:32	5.2	4:35	0.1	4:31	0.5	5:52	7:53	
4	Sun	11:07	4.3	11:18	5.2	5:14	0.2	5:07	0.7	5:50	7:54	
5	Mon			12:01	4.3	5:57	0.3	5:51	0.8	5:49	7:55	
6	Tue	12:14	5.1	12:59	4.3	6:50	0.4	6:51	0.9	5:48	7:56	
7	Wed	1:14	5.0	1:57	4.5	7:54	0.5	8:09	0.9	5:47	7:57	
8	Thu	2:15	5.0	2:56	4.7	9:00	0.4	9:26	0.7	5:46	7:58	
9	Fri	3:18	5.1	3:59	5.0	10:02	0.1	10:33	0.4	5:45	7:59	
10	Sat	4:24	5.1	5:02	5.4	10:58	-0.1	11:33	0.0	5:44	8:00	
11	Sun	5:28	5.3	6:01	5.8	11:51	-0.4			5:43	8:01	
12	Mon	6:27	5.5	6:54	6.2	12:29	-0.3	12:42	-0.6	5:42	8:02	
13	Tue	7:21	5.6	7:44	6.4	1:24	-0.5	1:33	-0.6	5:41	8:03	
14	Wed	8:12	5.6	8:32	6.4	2:17	-0.7	2:24	-0.6	5:40	8:04	
15	Thu	9:03	5.5	9:21	6.3	3:09	-0.7	3:14	-0.5	5:39	8:05	
16	Fri	9:55	5.3	10:10	6.0	3:59	-0.6	4:02	-0.2	5:38	8:06	
17	Sat	10:48	5.1	11:01	5.6	4:46	-0.4	4:48	0.1	5:37	8:07	
18	Sun	11:44	4.8	11:54	5.3	5:33	-0.1	5:35	0.5	5:36	8:08	
19	Mon			12:39	4.7	6:22	0.2	6:25	0.9	5:35	8:09	
20	Tue	12:47	5.0	1:31	4.6	7:16	0.5	7:23	1.1	5:34	8:10	
21	Wed	1:39	4.7	2:22	4.5	8:12	0.7	8:25	1.3	5:34	8:11	
22	Thu	2:28	4.5	3:11	4.5	9:07	0.8	9:27	1.3	5:33	8:12	
23	Fri	3:19	4.4	4:02	4.6	9:58	0.8	10:22	1.1	5:32	8:12	
24	Sat	4:12	4.3	4:54	4.8	10:44	0.7	11:12	0.9	5:32	8:13	
25	Sun	5:07	4.3	5:42	5.0	11:27	0.6	11:58	0.7	5:31	8:14	
26	Mon	5:58	4.4	6:26	5.2			12:08	0.5	5:30	8:15	
27	Tue	6:43	4.5	7:05	5.4	12:43	0.5	12:49	0.5	5:30	8:16	
28	Wed	7:24	4.6	7:43	5.6	1:28	0.3	1:31	0.4	5:29	8:17	
29	Thu	8:04	4.6	8:18	5.6	2:12	0.2	2:12	0.4	5:29	8:17	
30	Fri	8:43	4.6	8:54	5.7	2:56	0.0	2:54	0.4	5:28	8:18	
31	Sat	9:23	4.6	9:33	5.7	3:38	0.0	3:34	0.5	5:28	8:19	