

Atlantic Highlands, NJ - Sep 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:15	5.2	1:45	5.6	7:22	0.3	8:19	0.6	6:23	7:28	
2	Tue	2:13	4.9	2:42	5.5	8:26	0.5	9:27	0.7	6:24	7:26	
3	Wed	3:12	4.7	3:40	5.4	9:31	0.7	10:29	0.6	6:25	7:24	
4	Thu	4:14	4.7	4:42	5.3	10:31	0.7	11:23	0.5	6:26	7:23	
5	Fri	5:16	4.7	5:40	5.4	11:26	0.6			6:27	7:21	
6	Sat	6:11	4.9	6:30	5.4	12:12	0.4	12:15	0.6	6:28	7:20	
7	Sun	6:58	5.1	7:14	5.5	12:57	0.3	1:01	0.5	6:29	7:18	
8	Mon	7:41	5.2	7:54	5.5	1:40	0.2	1:46	0.4	6:30	7:16	
9	Tue	8:21	5.3	8:32	5.5	2:20	0.2	2:29	0.4	6:31	7:15	
10	Wed	8:59	5.3	9:09	5.3	2:58	0.2	3:10	0.4	6:32	7:13	
11	Thu	9:37	5.3	9:45	5.1	3:34	0.3	3:49	0.5	6:33	7:11	
12	Fri	10:14	5.2	10:22	4.9	4:08	0.4	4:26	0.6	6:34	7:10	
13	Sat	10:51	5.1	11:00	4.6	4:40	0.6	5:03	0.8	6:35	7:08	
14	Sun	11:30	4.9	11:41	4.4	5:10	0.8	5:41	1.0	6:36	7:06	
15	Mon			12:12	4.9	5:41	1.0	6:24	1.2	6:37	7:05	
16	Tue	12:29	4.3	12:58	4.8	6:19	1.2	7:21	1.3	6:38	7:03	
17	Wed	1:21	4.2	1:48	4.9	7:12	1.3	8:30	1.3	6:39	7:01	
18	Thu	2:15	4.2	2:42	5.0	8:27	1.4	9:37	1.1	6:40	7:00	
19	Fri	3:15	4.3	3:43	5.1	9:41	1.2	10:36	0.8	6:41	6:58	
20	Sat	4:19	4.5	4:47	5.4	10:44	0.9	11:29	0.4	6:42	6:56	
21	Sun	5:22	4.9	5:47	5.7	11:40	0.5			6:43	6:55	
22	Mon	6:18	5.3	6:41	6.1	12:19	0.0	12:35	0.1	6:44	6:53	
23	Tue	7:09	5.8	7:31	6.3	1:08	-0.3	1:28	-0.2	6:44	6:51	
24	Wed	7:57	6.2	8:20	6.4	1:57	-0.6	2:22	-0.5	6:45	6:50	
25	Thu	8:46	6.4	9:10	6.3	2:46	-0.7	3:15	-0.6	6:46	6:48	
26	Fri	9:36	6.4	10:03	6.0	3:33	-0.7	4:06	-0.5	6:47	6:46	
27	Sat	10:29	6.3	10:58	5.7	4:21	-0.6	4:57	-0.3	6:48	6:45	
28	Sun	11:25	6.1	11:57	5.4	5:08	-0.3	5:51	0.0	6:49	6:43	
29	Mon			12:24	5.8	5:59	0.1	6:50	0.3	6:50	6:41	
30	Tue	12:58	5.1	1:22	5.6	6:57	0.5	7:56	0.6	6:51	6:40	