

Atlantic Highlands, NJ - Oct 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:57	4.9	2:20	5.3	8:03	0.8	9:04	0.7	6:52	6:38	
2	Thu	2:55	4.7	3:17	5.1	9:10	1.0	10:05	0.7	6:53	6:36	
3	Fri	3:54	4.7	4:16	5.1	10:12	1.0	10:59	0.6	6:54	6:35	
4	Sat	4:53	4.8	5:14	5.1	11:06	0.9	11:45	0.5	6:55	6:33	
5	Sun	5:47	4.9	6:04	5.1	11:54	0.7			6:56	6:31	
6	Mon	6:33	5.2	6:48	5.2	12:27	0.4	12:39	0.6	6:57	6:30	
7	Tue	7:14	5.4	7:28	5.3	1:07	0.3	1:22	0.5	6:59	6:28	
8	Wed	7:52	5.5	8:05	5.2	1:46	0.3	2:04	0.4	7:00	6:27	
9	Thu	8:28	5.5	8:41	5.1	2:23	0.3	2:45	0.4	7:01	6:25	
10	Fri	9:03	5.5	9:16	5.0	3:00	0.4	3:24	0.4	7:02	6:23	
11	Sat	9:37	5.4	9:51	4.8	3:34	0.5	4:02	0.5	7:03	6:22	
12	Sun	10:10	5.2	10:27	4.6	4:07	0.6	4:39	0.6	7:04	6:20	
13	Mon	10:44	5.1	11:07	4.4	4:38	0.8	5:15	0.8	7:05	6:19	
14	Tue	11:24	5.0	11:55	4.2	5:08	1.0	5:56	0.9	7:06	6:17	
15	Wed			12:14	4.9	5:44	1.2	6:47	1.1	7:07	6:16	
16	Thu	12:52	4.2	1:11	4.9	6:34	1.3	7:53	1.1	7:08	6:14	
17	Fri	1:50	4.2	2:10	5.0	7:51	1.3	9:02	0.9	7:09	6:13	
18	Sat	2:49	4.4	3:12	5.1	9:13	1.2	10:04	0.6	7:10	6:11	
19	Sun	3:52	4.7	4:17	5.3	10:21	0.8	10:59	0.3	7:11	6:10	
20	Mon	4:55	5.1	5:20	5.6	11:21	0.4	11:50	-0.1	7:12	6:08	
21	Tue	5:53	5.6	6:18	5.8			12:16	0.0	7:13	6:07	
22	Wed	6:46	6.1	7:10	6.0	12:39	-0.5	1:11	-0.4	7:15	6:06	
23	Thu	7:36	6.4	8:01	6.1	1:29	-0.7	2:05	-0.6	7:16	6:04	
24	Fri	8:25	6.6	8:51	6.0	2:19	-0.8	2:58	-0.7	7:17	6:03	
25	Sat	9:14	6.6	9:44	5.8	3:09	-0.8	3:50	-0.7	7:18	6:01	
26	Sun	9:06	6.4	9:39	5.5	2:58	-0.6	3:40	-0.5	6:19	5:00	
27	Mon	10:01	6.0	10:38	5.1	3:46	-0.3	4:32	-0.2	6:20	4:59	
28	Tue	10:58	5.7	11:38	4.9	4:36	0.2	5:27	0.2	6:21	4:58	
29	Wed	11:57	5.3			5:32	0.6	6:29	0.5	6:22	4:56	
30	Thu	12:37	4.7	12:53	5.1	6:35	0.9	7:33	0.7	6:24	4:55	
31	Fri	1:32	4.6	1:48	4.9	7:42	1.1	8:33	0.7	6:25	4:54	