

Atlantic Highlands, NJ - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:28	4.6	2:43	4.7	8:45	1.1	9:26	0.6	6:26	4:53	
2	Sun	3:23	4.7	3:39	4.7	9:40	1.0	10:12	0.5	6:27	4:51	
3	Mon	4:16	4.8	4:31	4.7	10:29	0.8	10:53	0.4	6:28	4:50	
4	Tue	5:03	5.1	5:18	4.8	11:13	0.6	11:32	0.3	6:29	4:49	
5	Wed	5:45	5.3	5:59	4.9	11:56	0.4			6:31	4:48	
6	Thu	6:23	5.4	6:38	4.9	12:10	0.3	12:38	0.3	6:32	4:47	
7	Fri	6:59	5.5	7:15	4.8	12:49	0.3	1:20	0.2	6:33	4:46	
8	Sat	7:33	5.5	7:50	4.7	1:27	0.3	2:01	0.2	6:34	4:45	
9	Sun	8:06	5.4	8:26	4.6	2:04	0.4	2:40	0.2	6:35	4:44	
10	Mon	8:39	5.3	9:02	4.4	2:39	0.5	3:18	0.3	6:36	4:43	
11	Tue	9:13	5.2	9:43	4.2	3:13	0.6	3:56	0.4	6:38	4:42	
12	Wed	9:54	5.1	10:33	4.1	3:47	0.8	4:36	0.5	6:39	4:41	
13	Thu	10:46	5.0	11:30	4.1	4:26	0.9	5:24	0.6	6:40	4:40	
14	Fri	11:45	4.9			5:16	1.0	6:23	0.6	6:41	4:39	
15	Sat	12:29	4.3	12:46	4.9	6:29	1.1	7:29	0.5	6:42	4:38	
16	Sun	1:27	4.5	1:46	5.0	7:50	0.9	8:32	0.3	6:43	4:38	
17	Mon	2:27	4.8	2:50	5.0	9:01	0.6	9:29	0.0	6:45	4:37	
18	Tue	3:29	5.2	3:55	5.2	10:03	0.2	10:22	-0.4	6:46	4:36	
19	Wed	4:30	5.6	4:55	5.4	11:00	-0.2	11:13	-0.6	6:47	4:35	
20	Thu	5:25	6.0	5:51	5.5	11:54	-0.5			6:48	4:35	
21	Fri	6:16	6.3	6:43	5.6	12:04	-0.8	12:48	-0.7	6:49	4:34	
22	Sat	7:06	6.4	7:34	5.5	12:56	-0.8	1:42	-0.8	6:50	4:34	
23	Sun	7:55	6.4	8:26	5.4	1:47	-0.8	2:33	-0.8	6:51	4:33	
24	Mon	8:45	6.1	9:20	5.1	2:37	-0.6	3:23	-0.7	6:52	4:33	
25	Tue	9:37	5.8	10:16	4.9	3:25	-0.3	4:11	-0.4	6:54	4:32	
26	Wed	10:32	5.4	11:14	4.6	4:13	0.1	5:01	-0.1	6:55	4:32	
27	Thu	11:27	5.0			5:04	0.5	5:55	0.2	6:56	4:31	
28	Fri	12:10	4.5	12:21	4.7	6:01	0.8	6:53	0.4	6:57	4:31	
29	Sat	1:03	4.4	1:13	4.5	7:04	1.0	7:51	0.6	6:58	4:30	
30	Sun	1:54	4.4	2:04	4.3	8:08	1.0	8:43	0.6	6:59	4:30	