

Atlantic Highlands, NJ - Dec 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:45	4.4	2:56	4.2	9:06	0.9	9:31	0.5	7:00	4:30	
2	Tue	3:37	4.6	3:51	4.2	9:57	0.8	10:14	0.4	7:01	4:30	
3	Wed	4:27	4.7	4:42	4.2	10:44	0.5	10:55	0.3	7:02	4:29	
4	Thu	5:12	5.0	5:28	4.3	11:28	0.3	11:35	0.2	7:03	4:29	
5	Fri	5:53	5.1	6:10	4.4			12:12	0.1	7:04	4:29	
6	Sat	6:31	5.3	6:50	4.4	12:16	0.2	12:55	0.0	7:05	4:29	
7	Sun	7:06	5.3	7:27	4.4	12:57	0.1	1:38	-0.1	7:06	4:29	
8	Mon	7:41	5.3	8:05	4.3	1:37	0.1	2:20	-0.2	7:06	4:29	
9	Tue	8:17	5.3	8:44	4.2	2:17	0.2	3:00	-0.2	7:07	4:29	
10	Wed	8:54	5.2	9:27	4.2	2:55	0.2	3:39	-0.2	7:08	4:29	
11	Thu	9:38	5.1	10:16	4.2	3:34	0.3	4:20	-0.1	7:09	4:29	
12	Fri	10:29	5.0	11:12	4.2	4:16	0.4	5:04	0.0	7:10	4:30	
13	Sat	11:27	4.9			5:07	0.5	5:57	0.0	7:10	4:30	
14	Sun	12:09	4.4	12:26	4.8	6:13	0.6	6:58	0.0	7:11	4:30	
15	Mon	1:06	4.6	1:25	4.7	7:30	0.5	8:01	-0.1	7:12	4:30	
16	Tue	2:04	4.8	2:26	4.7	8:42	0.3	9:01	-0.3	7:13	4:30	
17	Wed	3:06	5.1	3:31	4.7	9:46	0.0	9:57	-0.5	7:13	4:31	
18	Thu	4:08	5.4	4:35	4.8	10:44	-0.3	10:51	-0.7	7:14	4:31	
19	Fri	5:06	5.7	5:33	4.9	11:39	-0.6	11:44	-0.8	7:14	4:32	
20	Sat	5:59	5.9	6:27	5.0			12:33	-0.8	7:15	4:32	
21	Sun	6:49	6.0	7:18	5.0	12:36	-0.8	1:26	-0.9	7:15	4:33	
22	Mon	7:37	5.9	8:09	5.0	1:28	-0.8	2:16	-0.9	7:16	4:33	
23	Tue	8:25	5.7	9:00	4.8	2:17	-0.7	3:03	-0.9	7:16	4:34	
24	Wed	9:14	5.4	9:51	4.6	3:05	-0.4	3:48	-0.7	7:17	4:34	
25	Thu	10:03	5.1	10:44	4.4	3:50	-0.2	4:32	-0.4	7:17	4:35	
26	Fri	10:54	4.7	11:36	4.3	4:35	0.2	5:17	-0.1	7:17	4:35	
27	Sat	11:44	4.4			5:24	0.5	6:06	0.2	7:18	4:36	
28	Sun	12:26	4.2	12:33	4.2	6:19	0.7	6:58	0.4	7:18	4:37	
29	Mon	1:14	4.1	1:21	3.9	7:21	0.9	7:51	0.5	7:18	4:38	
30	Tue	2:02	4.1	2:10	3.8	8:23	0.9	8:43	0.5	7:19	4:38	
31	Wed	2:52	4.2	3:04	3.7	9:19	0.7			7:19	4:39	