

Atlantic Highlands, NJ - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:46	4.4	4:02	3.7	10:12	0.5	10:18	0.3	7:19	4:40	
2	Fri	4:36	4.6	4:55	3.8	10:59	0.3	11:02	0.1	7:19	4:41	
3	Sat	5:22	4.8	5:42	3.9	11:45	0.0	11:45	0.0	7:19	4:42	
4	Sun	6:03	5.0	6:25	4.1			12:30	-0.2	7:19	4:43	
5	Mon	6:42	5.2	7:05	4.2	12:29	-0.1	1:15	-0.4	7:19	4:43	
6	Tue	7:20	5.3	7:45	4.2	1:13	-0.2	1:58	-0.5	7:19	4:44	
7	Wed	7:59	5.3	8:26	4.3	1:57	-0.2	2:40	-0.6	7:19	4:45	
8	Thu	8:40	5.3	9:10	4.3	2:39	-0.3	3:21	-0.7	7:19	4:46	
9	Fri	9:25	5.2	9:59	4.3	3:22	-0.3	4:02	-0.7	7:18	4:47	
10	Sat	10:16	5.0	10:53	4.4	4:07	-0.2	4:45	-0.6	7:18	4:48	
11	Sun	11:11	4.8	11:50	4.5	4:58	-0.1	5:34	-0.5	7:18	4:49	
12	Mon			12:09	4.6	5:59	0.1	6:30	-0.4	7:18	4:50	
13	Tue	12:46	4.6	1:07	4.5	7:11	0.2	7:33	-0.3	7:17	4:52	
14	Wed	1:44	4.7	2:08	4.3	8:24	0.1	8:37	-0.3	7:17	4:53	
15	Thu	2:45	4.9	3:13	4.2	9:30	-0.1	9:37	-0.4	7:17	4:54	
16	Fri	3:49	5.0	4:19	4.3	10:31	-0.3	10:34	-0.5	7:16	4:55	
17	Sat	4:50	5.2	5:20	4.4	11:26	-0.5	11:28	-0.6	7:16	4:56	
18	Sun	5:46	5.4	6:14	4.6			12:20	-0.7	7:15	4:57	
19	Mon	6:36	5.5	7:04	4.6	12:20	-0.7	1:11	-0.8	7:15	4:58	
20	Tue	7:22	5.5	7:52	4.7	1:11	-0.7	1:59	-0.9	7:14	4:59	
21	Wed	8:07	5.3	8:39	4.6	2:00	-0.6	2:43	-0.9	7:14	5:01	
22	Thu	8:52	5.1	9:26	4.5	2:45	-0.5	3:24	-0.7	7:13	5:02	
23	Fri	9:36	4.8	10:12	4.3	3:27	-0.3	4:03	-0.5	7:12	5:03	
24	Sat	10:21	4.5	10:59	4.2	4:08	-0.1	4:41	-0.3	7:12	5:04	
25	Sun	11:07	4.2	11:46	4.1	4:50	0.2	5:20	0.0	7:11	5:05	
26	Mon	11:53	4.0			5:37	0.5	6:03	0.2	7:10	5:07	
27	Tue	12:32	4.0	12:39	3.7	6:31	0.7	6:53	0.4	7:09	5:08	
28	Wed	1:17	4.0	1:26	3.5	7:34	0.8	7:48	0.5	7:08	5:09	
29	Thu	2:04	4.0	2:18	3.4	8:36	0.7	8:45	0.5	7:08	5:10	
30	Fri	2:56	4.1	3:16	3.4	9:34	0.6	9:38	0.4	7:07	5:11	
31	Sat	3:52	4.2	4:17	3.5	10:26	0.3	10:28	0.3	7:06	5:13	