

Atlantic Highlands, NJ - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:02	4.2	3:35	3.5	9:50	0.5	9:55	0.5	6:29	5:47	
2	Mon	4:04	4.4	4:36	3.8	10:42	0.2	10:48	0.2	6:27	5:48	
3	Tue	5:00	4.7	5:29	4.2	11:31	-0.2	11:39	-0.1	6:26	5:49	
4	Wed	5:50	5.1	6:15	4.6			12:18	-0.5	6:24	5:50	
5	Thu	6:35	5.4	6:59	5.0	12:29	-0.5	1:04	-0.8	6:23	5:51	
6	Fri	7:21	5.6	7:44	5.2	1:19	-0.7	1:50	-1.0	6:21	5:53	
7	Sat	8:07	5.6	8:30	5.4	2:08	-0.9	2:34	-1.1	6:20	5:54	
8	Sun	8:55	5.5	9:19	5.5	2:57	-1.0	3:18	-1.1	6:18	5:55	
9	Mon	9:46	5.3	10:12	5.4	3:45	-0.9	4:02	-1.0	6:16	5:56	
10	Tue	10:42	5.0	11:08	5.3	4:36	-0.7	4:50	-0.7	6:15	5:57	
11	Wed	11:40	4.7			5:32	-0.3	5:43	-0.3	6:13	5:58	
12	Thu	12:07	5.1	12:40	4.4	6:38	0.0	6:47	0.0	6:12	5:59	
13	Fri	1:06	4.9	1:40	4.2	7:49	0.1	7:57	0.2	6:10	6:00	
14	Sat	2:06	4.7	2:43	4.1	8:57	0.2	9:04	0.2	6:08	6:01	
15	Sun	3:11	4.7	3:49	4.2	9:58	0.1	10:05	0.2	6:07	6:02	
16	Mon	4:16	4.7	4:50	4.4	10:51	-0.1	10:59	0.0	6:05	6:03	
17	Tue	5:13	4.8	5:42	4.6	11:39	-0.2	11:48	-0.1	6:04	6:04	
18	Wed	6:01	4.9	6:27	4.8			12:24	-0.3	6:02	6:05	
19	Thu	6:43	5.0	7:07	5.0	12:34	-0.2	1:06	-0.4	6:00	6:07	
20	Fri	7:23	5.0	7:46	5.0	1:18	-0.3	1:45	-0.3	5:59	6:08	
21	Sat	8:00	4.9	8:23	5.0	2:00	-0.3	2:22	-0.3	5:57	6:09	
22	Sun	8:38	4.7	9:00	4.9	2:39	-0.2	2:56	-0.2	5:55	6:10	
23	Mon	9:15	4.5	9:37	4.8	3:16	-0.1	3:28	0.0	5:54	6:11	
24	Tue	9:53	4.3	10:14	4.6	3:52	0.1	3:59	0.3	5:52	6:12	
25	Wed	10:33	4.0	10:53	4.5	4:28	0.3	4:29	0.5	5:50	6:13	
26	Thu	11:18	3.8	11:36	4.3	5:07	0.5	5:02	0.7	5:49	6:14	
27	Fri			12:06	3.7	5:55	0.7	5:46	1.0	5:47	6:15	
28	Sat	12:24	4.3	12:57	3.6	6:59	0.9	6:55	1.1	5:45	6:16	
29	Sun	1:16	4.3	1:53	3.7	8:08	0.8	8:14	1.0	5:44	6:17	
30	Mon	2:15	4.4	2:55	3.9	9:11	0.6	9:22	0.8	5:42	6:18	
31	Tue	3:20	4.6	3:59	4.2	10:06	0.3	10:20	0.4	5:41	6:19	