

Atlantic Highlands, NJ - Jul 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:53	5.3	8:12	6.4	2:01	-0.5	2:01	-0.3	5:29	8:30	
2	Thu	8:47	5.3	9:03	6.3	2:54	-0.6	2:55	-0.2	5:30	8:30	
3	Fri	9:40	5.3	9:54	6.1	3:44	-0.6	3:46	-0.1	5:30	8:29	
4	Sat	10:34	5.2	10:45	5.7	4:32	-0.5	4:35	0.1	5:31	8:29	
5	Sun	11:28	5.1	11:38	5.4	5:17	-0.2	5:23	0.4	5:31	8:29	
6	Mon			12:21	5.0	6:03	0.0	6:12	0.7	5:32	8:29	
7	Tue	12:29	5.1	1:12	4.9	6:51	0.3	7:07	1.0	5:33	8:28	
8	Wed	1:19	4.8	1:59	4.9	7:40	0.6	8:06	1.2	5:33	8:28	
9	Thu	2:06	4.5	2:46	4.8	8:32	0.8	9:06	1.2	5:34	8:28	
10	Fri	2:54	4.3	3:33	4.9	9:22	0.9	10:02	1.2	5:35	8:27	
11	Sat	3:45	4.2	4:23	4.9	10:11	0.9	10:54	1.0	5:35	8:27	
12	Sun	4:40	4.1	5:14	5.1	10:57	0.8	11:42	0.8	5:36	8:26	
13	Mon	5:36	4.2	6:03	5.2	11:42	0.8			5:37	8:26	
14	Tue	6:26	4.3	6:46	5.4	12:28	0.6	12:26	0.7	5:37	8:25	
15	Wed	7:11	4.4	7:27	5.5	1:14	0.4	1:11	0.7	5:38	8:25	
16	Thu	7:53	4.5	8:05	5.6	1:59	0.3	1:56	0.6	5:39	8:24	
17	Fri	8:33	4.6	8:43	5.7	2:43	0.1	2:40	0.5	5:40	8:24	
18	Sat	9:13	4.7	9:22	5.7	3:24	0.0	3:23	0.5	5:41	8:23	
19	Sun	9:54	4.7	10:04	5.6	4:04	0.0	4:05	0.5	5:41	8:22	
20	Mon	10:39	4.8	10:50	5.5	4:43	-0.1	4:48	0.5	5:42	8:22	
21	Tue	11:28	4.9	11:41	5.3	5:22	0.0	5:34	0.6	5:43	8:21	
22	Wed			12:21	5.1	6:05	0.1	6:28	0.7	5:44	8:20	
23	Thu	12:37	5.2	1:15	5.2	6:55	0.1	7:34	0.8	5:45	8:19	
24	Fri	1:33	5.0	2:10	5.4	7:52	0.2	8:45	0.8	5:46	8:18	
25	Sat	2:31	4.9	3:07	5.5	8:55	0.2	9:54	0.6	5:47	8:18	
26	Sun	3:33	4.8	4:08	5.7	9:58	0.2	10:57	0.4	5:48	8:17	
27	Mon	4:40	4.8	5:12	5.8	10:58	0.1	11:55	0.1	5:48	8:16	
28	Tue	5:46	4.9	6:13	6.0	11:55	0.0			5:49	8:15	
29	Wed	6:45	5.1	7:07	6.1	12:50	-0.1	12:50	-0.1	5:50	8:14	
30	Thu	7:38	5.2	7:57	6.2	1:44	-0.3	1:44	-0.1	5:51	8:13	
31	Fri	8:29	5.3	8:45	6.1	2:35	-0.4	2:37	-0.1	5:52	8:12	