

Atlantic Highlands, NJ - Jan 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:46	5.9	9:25	4.9	2:38	-0.9	3:27	-1.1	7:19	4:40	
2	Sun	9:41	5.7	10:23	4.8	3:30	-0.8	4:17	-1.0	7:19	4:40	
3	Mon	10:39	5.4	11:22	4.7	4:23	-0.5	5:08	-0.8	7:19	4:41	
4	Tue	11:36	5.0			5:19	-0.2	6:02	-0.5	7:19	4:42	
5	Wed	12:19	4.7	12:31	4.7	6:21	0.1	7:00	-0.3	7:19	4:43	
6	Thu	1:13	4.6	1:25	4.3	7:28	0.3	7:57	-0.1	7:19	4:44	
7	Fri	2:05	4.6	2:19	4.1	8:32	0.4	8:52	0.0	7:19	4:45	
8	Sat	2:59	4.6	3:16	3.8	9:31	0.3	9:42	0.1	7:19	4:46	
9	Sun	3:54	4.6	4:14	3.8	10:24	0.2	10:29	0.1	7:19	4:47	
10	Mon	4:46	4.7	5:08	3.8	11:12	0.1	11:13	0.1	7:18	4:48	
11	Tue	5:32	4.8	5:55	3.9	11:57	0.0	11:56	0.1	7:18	4:49	
12	Wed	6:15	4.9	6:38	3.9			12:41	-0.1	7:18	4:50	
13	Thu	6:54	4.9	7:18	4.0	12:39	0.0	1:24	-0.2	7:18	4:51	
14	Fri	7:32	4.9	7:57	4.0	1:22	0.0	2:04	-0.3	7:17	4:52	
15	Sat	8:09	4.9	8:36	3.9	2:03	0.1	2:43	-0.3	7:17	4:53	
16	Sun	8:45	4.7	9:14	3.9	2:41	0.1	3:18	-0.3	7:16	4:54	
17	Mon	9:20	4.6	9:52	3.8	3:17	0.2	3:52	-0.2	7:16	4:55	
18	Tue	9:57	4.4	10:31	3.8	3:52	0.3	4:25	-0.1	7:15	4:57	
19	Wed	10:37	4.2	11:14	3.9	4:28	0.4	4:59	0.0	7:15	4:58	
20	Thu	11:24	4.1	11:59	4.0	5:10	0.6	5:39	0.1	7:14	4:59	
21	Fri			12:15	4.0	6:06	0.6	6:29	0.2	7:14	5:00	
22	Sat	12:49	4.2	1:10	3.9	7:22	0.6	7:31	0.1	7:13	5:01	
23	Sun	1:43	4.4	2:11	3.8	8:37	0.5	8:37	0.0	7:13	5:02	
24	Mon	2:44	4.7	3:20	3.8	9:44	0.2	9:40	-0.2	7:12	5:04	
25	Tue	3:52	4.9	4:30	4.0	10:44	-0.2	10:40	-0.5	7:11	5:05	
26	Wed	4:57	5.3	5:32	4.3	11:40	-0.6	11:38	-0.7	7:10	5:06	
27	Thu	5:54	5.6	6:28	4.6			12:35	-0.9	7:10	5:07	
28	Fri	6:48	5.9	7:21	4.9	12:35	-0.9	1:29	-1.2	7:09	5:08	
29	Sat	7:40	5.9	8:14	5.0	1:31	-1.1	2:19	-1.3	7:08	5:10	
30	Sun	8:31	5.8	9:06	5.1	2:25	-1.1	3:07	-1.4	7:07	5:11	
31	Mon	9:23	5.6	10:00	5.0	3:16	-1.0	3:54	-1.3	7:06	5:12	