

Atlantic Highlands, NJ - Jun 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:44	4.1	6:19	0.7	6:18	1.4	5:28	8:19	
2	Thu	12:46	4.6	1:32	4.1	7:07	0.9	7:14	1.6	5:27	8:20	
3	Fri	1:33	4.5	2:17	4.2	8:00	0.9	8:22	1.6	5:27	8:21	
4	Sat	2:20	4.4	3:03	4.3	8:55	0.9	9:27	1.5	5:26	8:21	
5	Sun	3:10	4.4	3:51	4.6	9:46	0.8	10:25	1.2	5:26	8:22	
6	Mon	4:05	4.4	4:42	4.9	10:34	0.6	11:17	0.9	5:26	8:23	
7	Tue	5:03	4.4	5:32	5.2	11:20	0.4			5:26	8:23	
8	Wed	5:58	4.6	6:19	5.6	12:07	0.5	12:05	0.3	5:25	8:24	
9	Thu	6:49	4.8	7:05	6.0	12:57	0.2	12:52	0.1	5:25	8:24	
10	Fri	7:37	4.9	7:51	6.2	1:48	-0.1	1:41	0.0	5:25	8:25	
11	Sat	8:26	5.0	8:38	6.3	2:40	-0.3	2:33	-0.1	5:25	8:25	
12	Sun	9:18	5.0	9:29	6.3	3:30	-0.4	3:25	-0.1	5:25	8:26	
13	Mon	10:13	5.0	10:24	6.1	4:20	-0.5	4:17	0.0	5:25	8:26	
14	Tue	11:13	5.0	11:24	5.9	5:09	-0.4	5:09	0.1	5:25	8:27	
15	Wed			12:14	5.0	6:01	-0.3	6:07	0.3	5:25	8:27	
16	Thu	12:25	5.6	1:13	5.1	6:58	-0.1	7:11	0.6	5:25	8:28	
17	Fri	1:23	5.4	2:09	5.2	7:57	0.0	8:20	0.7	5:25	8:28	
18	Sat	2:20	5.1	3:04	5.3	8:57	0.1	9:27	0.7	5:25	8:28	
19	Sun	3:16	4.9	3:59	5.4	9:53	0.1	10:28	0.6	5:25	8:29	
20	Mon	4:14	4.7	4:55	5.5	10:44	0.2	11:23	0.5	5:25	8:29	
21	Tue	5:13	4.6	5:48	5.6	11:32	0.2			5:25	8:29	
22	Wed	6:08	4.6	6:35	5.7	12:14	0.4	12:17	0.3	5:26	8:29	
23	Thu	6:58	4.6	7:19	5.7	1:02	0.3	1:02	0.4	5:26	8:30	
24	Fri	7:43	4.6	8:00	5.7	1:48	0.2	1:46	0.5	5:26	8:30	
25	Sat	8:26	4.6	8:39	5.6	2:33	0.2	2:29	0.6	5:26	8:30	
26	Sun	9:09	4.5	9:19	5.5	3:15	0.2	3:12	0.7	5:27	8:30	
27	Mon	9:52	4.4	9:59	5.3	3:55	0.2	3:52	0.8	5:27	8:30	
28	Tue	10:36	4.3	10:40	5.1	4:33	0.3	4:30	0.9	5:28	8:30	
29	Wed	11:21	4.3	11:22	4.9	5:10	0.4	5:08	1.1	5:28	8:30	
30	Thu			12:07	4.2	5:46	0.6	5:48	1.3	5:28	8:30	