

Atlantic Highlands, NJ - Jan 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:01	5.3	6:24	4.2			12:29	-0.3	7:19	4:39	
2	Mon	6:44	5.3	7:09	4.2	12:29	-0.1	1:15	-0.3	7:19	4:40	
3	Tue	7:26	5.2	7:51	4.1	1:14	-0.1	1:59	-0.3	7:19	4:41	
4	Wed	8:06	5.1	8:34	4.1	1:58	0.0	2:40	-0.3	7:19	4:42	
5	Thu	8:47	4.9	9:17	4.0	2:39	0.1	3:18	-0.2	7:19	4:43	
6	Fri	9:27	4.7	10:01	3.9	3:17	0.3	3:54	-0.1	7:19	4:44	
7	Sat	10:09	4.4	10:46	3.8	3:55	0.4	4:30	0.0	7:19	4:45	
8	Sun	10:52	4.2	11:31	3.8	4:33	0.6	5:07	0.2	7:19	4:46	
9	Mon	11:37	4.0			5:15	0.8	5:47	0.3	7:19	4:47	
10	Tue	12:15	3.8	12:21	3.8	6:09	1.0	6:33	0.4	7:18	4:48	
11	Wed	12:57	3.9	1:08	3.7	7:15	1.0	7:27	0.5	7:18	4:49	
12	Thu	1:41	4.0	1:59	3.6	8:23	0.9	8:24	0.4	7:18	4:50	
13	Fri	2:31	4.2	2:58	3.6	9:25	0.6	9:19	0.3	7:18	4:51	
14	Sat	3:28	4.5	4:03	3.6	10:21	0.3	10:12	0.0	7:17	4:52	
15	Sun	4:27	4.8	5:03	3.9	11:14	0.0	11:05	-0.2	7:17	4:53	
16	Mon	5:22	5.2	5:56	4.1			12:06	-0.4	7:17	4:54	
17	Tue	6:12	5.5	6:47	4.4			12:57	-0.7	7:16	4:55	
18	Wed	7:02	5.7	7:36	4.6	12:51	-0.7	1:48	-1.0	7:16	4:56	
19	Thu	7:52	5.8	8:28	4.8	1:45	-0.9	2:37	-1.1	7:15	4:57	
20	Fri	8:43	5.8	9:21	4.8	2:37	-0.9	3:23	-1.2	7:15	4:59	
21	Sat	9:36	5.6	10:17	4.9	3:28	-0.9	4:10	-1.1	7:14	5:00	
22	Sun	10:31	5.3	11:13	4.9	4:20	-0.7	4:58	-1.0	7:13	5:01	
23	Mon	11:28	4.9			5:15	-0.4	5:50	-0.7	7:13	5:02	
24	Tue	12:10	4.8	12:24	4.5	6:17	-0.1	6:46	-0.4	7:12	5:03	
25	Wed	1:04	4.8	1:19	4.2	7:25	0.1	7:47	-0.2	7:11	5:04	
26	Thu	1:59	4.7	2:16	3.9	8:33	0.2	8:46	0.0	7:11	5:06	
27	Fri	2:56	4.6	3:18	3.7	9:35	0.2	9:43	0.1	7:10	5:07	
28	Sat	3:55	4.6	4:22	3.7	10:31	0.1	10:35	0.1	7:09	5:08	
29	Sun	4:52	4.7	5:19	3.8	11:22	0.0	11:23	0.1	7:08	5:09	
30	Mon	5:42	4.8	6:08	3.9			12:09	-0.2	7:07	5:11	
31	Tue	6:27	4.9	6:51	4.0	12:10	0.0	12:54	-0.3	7:06	5:12	