

Atlantic Highlands, NJ - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:37	4.7	11:31	4.1	4:30	0.3	5:14	0.0	7:19	4:40	
2	Thu	11:32	4.5			5:22	0.4	6:02	0.0	7:19	4:41	
3	Fri	12:24	4.3	12:29	4.3	6:29	0.5	7:00	0.0	7:19	4:41	
4	Sat	1:18	4.6	1:28	4.2	7:44	0.4	8:03	0.0	7:19	4:42	
5	Sun	2:15	4.8	2:31	4.0	8:56	0.2	9:06	-0.1	7:19	4:43	
6	Mon	3:18	5.0	3:41	4.0	10:01	0.0	10:05	-0.3	7:19	4:44	
7	Tue	4:22	5.3	4:49	4.1	11:00	-0.3	11:02	-0.5	7:19	4:45	
8	Wed	5:22	5.5	5:50	4.3	11:57	-0.6	11:59	-0.6	7:19	4:46	
9	Thu	6:17	5.7	6:45	4.5			12:52	-0.8	7:18	4:47	
10	Fri	7:08	5.8	7:37	4.6	12:55	-0.6	1:44	-0.9	7:18	4:48	
11	Sat	7:58	5.7	8:29	4.6	1:49	-0.6	2:34	-1.0	7:18	4:49	
12	Sun	8:48	5.5	9:20	4.5	2:39	-0.6	3:19	-0.9	7:18	4:50	
13	Mon	9:37	5.2	10:11	4.4	3:27	-0.4	4:02	-0.7	7:17	4:51	
14	Tue	10:26	4.9	11:02	4.3	4:13	-0.1	4:44	-0.5	7:17	4:52	
15	Wed	11:15	4.5	11:51	4.2	4:59	0.2	5:26	-0.2	7:17	4:54	
16	Thu			12:04	4.2	5:51	0.5	6:11	0.1	7:16	4:55	
17	Fri	12:37	4.2	12:51	3.9	6:49	0.7	7:00	0.3	7:16	4:56	
18	Sat	1:22	4.1	1:39	3.6	7:51	0.8	7:52	0.5	7:15	4:57	
19	Sun	2:09	4.1	2:30	3.4	8:52	0.8	8:44	0.5	7:15	4:58	
20	Mon	2:59	4.1	3:28	3.3	9:47	0.6	9:36	0.5	7:14	4:59	
21	Tue	3:55	4.2	4:28	3.4	10:37	0.4	10:25	0.4	7:14	5:00	
22	Wed	4:48	4.3	5:21	3.5	11:25	0.2	11:12	0.3	7:13	5:02	
23	Thu	5:35	4.6	6:07	3.7			12:10	0.0	7:12	5:03	
24	Fri	6:17	4.8	6:49	3.9			12:55	-0.2	7:12	5:04	
25	Sat	6:55	4.9	7:28	4.0	12:44	0.0	1:38	-0.3	7:11	5:05	
26	Sun	7:33	5.0	8:07	4.1	1:28	-0.1	2:18	-0.5	7:10	5:06	
27	Mon	8:10	5.1	8:46	4.2	2:12	-0.3	2:56	-0.6	7:09	5:08	
28	Tue	8:50	5.0	9:28	4.3	2:53	-0.3	3:32	-0.6	7:09	5:09	
29	Wed	9:32	4.9	10:14	4.4	3:35	-0.3	4:08	-0.6	7:08	5:10	
30	Thu	10:20	4.6	11:04	4.5	4:19	-0.2	4:46	-0.5	7:07	5:11	
31	Fri	11:13	4.4	11:58	4.6	5:09	-0.1	5:31	-0.3	7:06	5:12	