

Atlantic Highlands, NJ - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:59	4.4	11:36	5.0	4:58	-0.3	5:07	-0.3	6:29	5:47	
2	Sun	11:59	4.1			5:58	0.0	6:04	0.0	6:28	5:48	
3	Mon	12:34	4.9	1:01	3.9	7:10	0.2	7:16	0.3	6:26	5:49	
4	Tue	1:36	4.8	2:07	3.8	8:25	0.3	8:33	0.3	6:25	5:50	
5	Wed	2:43	4.7	3:19	3.8	9:34	0.2	9:42	0.2	6:23	5:51	
6	Thu	3:54	4.7	4:30	4.0	10:33	-0.1	10:43	0.0	6:22	5:52	
7	Fri	4:58	4.9	5:29	4.3	11:26	-0.3	11:38	-0.2	6:20	5:53	
8	Sat	5:52	5.1	6:19	4.6			12:15	-0.5	6:18	5:55	
9	Sun	6:38	5.2	7:03	4.9	12:29	-0.3	1:00	-0.6	6:17	5:56	
10	Mon	7:21	5.2	7:44	5.0	1:17	-0.4	1:42	-0.6	6:15	5:57	
11	Tue	8:01	5.1	8:23	5.0	2:02	-0.4	2:21	-0.6	6:14	5:58	
12	Wed	8:41	4.9	9:01	4.9	2:43	-0.4	2:56	-0.4	6:12	5:59	
13	Thu	9:21	4.6	9:39	4.8	3:21	-0.2	3:29	-0.2	6:10	6:00	
14	Fri	10:02	4.3	10:17	4.6	3:58	0.0	4:00	0.0	6:09	6:01	
15	Sat	10:45	4.0	10:57	4.4	4:36	0.3	4:31	0.3	6:07	6:02	
16	Sun	11:32	3.7	11:40	4.2	5:16	0.6	5:06	0.6	6:06	6:03	
17	Mon			12:21	3.5	6:07	0.8	5:49	0.9	6:04	6:04	
18	Tue	12:26	4.1	1:13	3.4	7:13	1.0	6:54	1.1	6:02	6:05	
19	Wed	1:18	4.0	2:09	3.4	8:23	1.0	8:11	1.1	6:01	6:06	
20	Thu	2:16	4.0	3:11	3.5	9:25	0.8	9:19	1.0	5:59	6:07	
21	Fri	3:22	4.2	4:13	3.7	10:18	0.6	10:16	0.7	5:57	6:08	
22	Sat	4:24	4.4	5:06	4.1	11:04	0.3	11:07	0.3	5:56	6:09	
23	Sun	5:17	4.8	5:51	4.5	11:48	-0.1	11:56	0.0	5:54	6:10	
24	Mon	6:02	5.1	6:32	5.0			12:31	-0.3	5:52	6:12	
25	Tue	6:45	5.3	7:13	5.4	12:45	-0.4	1:13	-0.6	5:51	6:13	
26	Wed	7:28	5.3	7:54	5.6	1:34	-0.6	1:55	-0.7	5:49	6:14	
27	Thu	8:12	5.2	8:39	5.8	2:22	-0.8	2:37	-0.7	5:47	6:15	
28	Fri	9:00	5.0	9:27	5.7	3:09	-0.8	3:19	-0.6	5:46	6:16	
29	Sat	9:52	4.8	10:20	5.6	3:57	-0.6	4:03	-0.4	5:44	6:17	
30	Sun	10:50	4.5	11:19	5.3	4:48	-0.3	4:52	0.0	5:43	6:18	
31	Mon	11:53	4.2			5:47	0.0	5:52	0.3	5:41	6:19	