

Atlantic Highlands, NJ - Aug 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:08	4.0	5:28	5.0	11:06	1.1			5:53	8:11	
2	Sat	6:03	4.1	6:18	5.1	12:08	0.9	11:54 AM	1.0	5:54	8:10	
3	Sun	6:52	4.2	7:01	5.3	12:54	0.7	12:40	0.9	5:55	8:09	
4	Mon	7:35	4.4	7:41	5.4	1:38	0.5	1:26	0.8	5:56	8:08	
5	Tue	8:15	4.6	8:18	5.5	2:21	0.4	2:12	0.7	5:57	8:06	
6	Wed	8:54	4.7	8:54	5.5	3:01	0.2	2:55	0.6	5:58	8:05	
7	Thu	9:32	4.8	9:30	5.5	3:39	0.1	3:37	0.5	5:59	8:04	
8	Fri	10:11	4.9	10:09	5.4	4:14	0.1	4:18	0.5	6:00	8:03	
9	Sat	10:52	5.0	10:52	5.2	4:48	0.1	4:59	0.6	6:01	8:02	
10	Sun	11:38	5.1	11:42	5.0	5:23	0.2	5:45	0.7	6:02	8:00	
11	Mon			12:28	5.3	6:01	0.3	6:39	0.8	6:03	7:59	
12	Tue	12:37	4.7	1:22	5.4	6:48	0.5	7:47	0.9	6:03	7:58	
13	Wed	1:36	4.5	2:18	5.5	7:49	0.6	9:02	0.9	6:04	7:56	
14	Thu	2:38	4.4	3:19	5.5	9:01	0.7	10:12	0.8	6:05	7:55	
15	Fri	3:46	4.3	4:26	5.6	10:12	0.6	11:15	0.5	6:06	7:54	
16	Sat	4:59	4.4	5:34	5.8	11:16	0.5			6:07	7:52	
17	Sun	6:07	4.7	6:34	6.0	12:12	0.2	12:16	0.3	6:08	7:51	
18	Mon	7:04	5.0	7:27	6.1	1:06	0.0	1:13	0.1	6:09	7:50	
19	Tue	7:56	5.3	8:16	6.2	1:58	-0.2	2:08	0.0	6:10	7:48	
20	Wed	8:45	5.4	9:02	6.0	2:46	-0.4	2:59	0.0	6:11	7:47	
21	Thu	9:32	5.5	9:48	5.8	3:31	-0.4	3:47	0.1	6:12	7:45	
22	Fri	10:18	5.4	10:34	5.5	4:12	-0.2	4:32	0.3	6:13	7:44	
23	Sat	11:04	5.3	11:21	5.1	4:50	0.0	5:15	0.5	6:14	7:42	
24	Sun	11:51	5.2			5:27	0.3	6:00	0.8	6:15	7:41	
25	Mon	12:09	4.7	12:37	5.0	6:05	0.6	6:50	1.1	6:16	7:39	
26	Tue	12:58	4.4	1:22	4.9	6:46	1.0	7:48	1.4	6:17	7:38	
27	Wed	1:48	4.2	2:08	4.8	7:36	1.3	8:52	1.5	6:18	7:36	
28	Thu	2:38	4.0	2:57	4.7	8:36	1.4	9:54	1.4	6:19	7:35	
29	Fri	3:34	3.9	3:52	4.7	9:38	1.4	10:49	1.3	6:20	7:33	
30	Sat	4:35	3.9	4:52	4.8	10:36	1.3	11:38	1.0	6:21	7:32	
31	Sun	5:34	4.1	5:46	5.0	11:28	1.2			6:22	7:30	