

Atlantic Highlands, NJ - Mar 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:26	5.4	8:52	5.3	2:25	-0.9	2:48	-1.1	6:30	5:47	
2	Mon	9:11	5.1	9:36	5.1	3:11	-0.8	3:27	-0.9	6:28	5:48	
3	Tue	9:58	4.8	10:22	4.9	3:54	-0.5	4:05	-0.5	6:27	5:49	
4	Wed	10:46	4.4	11:08	4.7	4:38	-0.2	4:43	-0.1	6:25	5:50	
5	Thu	11:35	4.0	11:55	4.4	5:24	0.2	5:22	0.3	6:23	5:51	
6	Fri			12:26	3.7	6:18	0.6	6:09	0.7	6:22	5:52	
7	Sat	12:43	4.2	1:17	3.5	7:22	0.8	7:10	0.9	6:20	5:53	
8	Sun	1:33	4.0	2:13	3.3	8:29	0.9	8:19	1.0	6:19	5:54	
9	Mon	2:30	3.9	3:15	3.4	9:29	0.8	9:22	0.9	6:17	5:55	
10	Tue	3:34	4.0	4:17	3.5	10:21	0.6	10:17	0.7	6:16	5:56	
11	Wed	4:34	4.1	5:10	3.8	11:07	0.4	11:06	0.5	6:14	5:58	
12	Thu	5:23	4.4	5:54	4.1	11:50	0.2	11:52	0.3	6:12	5:59	
13	Fri	6:05	4.6	6:33	4.4			12:30	0.0	6:11	6:00	
14	Sat	6:42	4.8	7:09	4.7	12:36	0.0	1:09	-0.2	6:09	6:01	
15	Sun	7:17	4.9	7:43	4.9	1:19	-0.2	1:46	-0.3	6:08	6:02	
16	Mon	7:52	4.9	8:17	5.0	2:01	-0.3	2:21	-0.4	6:06	6:03	
17	Tue	8:29	4.8	8:53	5.1	2:42	-0.4	2:55	-0.3	6:04	6:04	
18	Wed	9:09	4.6	9:34	5.2	3:22	-0.3	3:29	-0.2	6:03	6:05	
19	Thu	9:54	4.4	10:22	5.1	4:04	-0.2	4:05	-0.1	6:01	6:06	
20	Fri	10:48	4.1	11:18	5.0	4:51	0.0	4:47	0.1	5:59	6:07	
21	Sat	11:50	3.9			5:50	0.3	5:44	0.4	5:58	6:08	
22	Sun	12:21	4.9	12:55	3.8	7:03	0.4	7:04	0.6	5:56	6:09	
23	Mon	1:26	4.8	2:03	3.9	8:19	0.4	8:28	0.5	5:54	6:10	
24	Tue	2:35	4.8	3:15	4.1	9:27	0.2	9:39	0.3	5:53	6:11	
25	Wed	3:46	4.9	4:24	4.4	10:25	-0.1	10:41	0.0	5:51	6:12	
26	Thu	4:50	5.1	5:22	4.8	11:17	-0.4	11:36	-0.3	5:49	6:13	
27	Fri	5:45	5.3	6:12	5.2			12:05	-0.6	5:48	6:14	
28	Sat	6:33	5.4	6:58	5.5	12:29	-0.5	12:51	-0.7	5:46	6:15	
29	Sun	7:18	5.4	7:40	5.6	1:18	-0.6	1:35	-0.7	5:45	6:16	
30	Mon	8:01	5.2	8:21	5.5	2:05	-0.6	2:16	-0.6	5:43	6:17	
31	Tue	8:44	5.0	9:01	5.4	2:49	-0.5	2:54	-0.4	5:41	6:19	