

Atlantic Highlands, NJ - Jul 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:10	4.3	5:47	0.6	5:45	1.2	5:29	8:30	
2	Thu			12:52	4.4	6:23	0.7	6:32	1.3	5:29	8:30	
3	Fri	12:37	4.5	1:34	4.6	7:02	0.8	7:31	1.4	5:30	8:30	
4	Sat	1:25	4.4	2:17	4.8	7:50	0.8	8:40	1.3	5:31	8:29	
5	Sun	2:16	4.3	3:04	5.0	8:46	0.8	9:47	1.1	5:31	8:29	
6	Mon	3:13	4.2	3:59	5.3	9:45	0.7	10:49	0.8	5:32	8:29	
7	Tue	4:19	4.2	5:01	5.6	10:43	0.5	11:47	0.4	5:32	8:29	
8	Wed	5:29	4.3	6:01	5.9	11:40	0.4			5:33	8:28	
9	Thu	6:32	4.6	6:58	6.2	12:43	0.1	12:38	0.2	5:34	8:28	
10	Fri	7:29	4.8	7:52	6.4	1:39	-0.2	1:36	0.0	5:34	8:28	
11	Sat	8:24	5.0	8:45	6.5	2:34	-0.4	2:35	-0.1	5:35	8:27	
12	Sun	9:19	5.2	9:39	6.4	3:26	-0.6	3:31	-0.2	5:36	8:27	
13	Mon	10:15	5.3	10:34	6.1	4:15	-0.7	4:25	-0.1	5:36	8:26	
14	Tue	11:13	5.3	11:29	5.8	5:03	-0.6	5:17	0.1	5:37	8:26	
15	Wed			12:09	5.4	5:50	-0.4	6:13	0.4	5:38	8:25	
16	Thu	12:24	5.5	1:04	5.4	6:40	-0.2	7:13	0.7	5:39	8:25	
17	Fri	1:18	5.1	1:55	5.3	7:32	0.1	8:17	0.9	5:39	8:24	
18	Sat	2:10	4.8	2:44	5.2	8:26	0.4	9:22	1.0	5:40	8:23	
19	Sun	3:02	4.4	3:35	5.1	9:20	0.6	10:21	0.9	5:41	8:23	
20	Mon	3:57	4.2	4:29	5.1	10:13	0.8	11:15	0.9	5:42	8:22	
21	Tue	4:57	4.1	5:23	5.1	11:02	0.9			5:43	8:21	
22	Wed	5:54	4.1	6:13	5.2	12:03	0.8	11:49 AM	0.9	5:44	8:20	
23	Thu	6:44	4.2	6:58	5.3	12:50	0.7	12:35	0.9	5:45	8:20	
24	Fri	7:29	4.4	7:39	5.3	1:34	0.6	1:20	0.8	5:45	8:19	
25	Sat	8:11	4.5	8:18	5.4	2:17	0.5	2:05	0.8	5:46	8:18	
26	Sun	8:52	4.5	8:54	5.3	2:58	0.4	2:49	0.8	5:47	8:17	
27	Mon	9:31	4.6	9:29	5.2	3:35	0.3	3:30	0.8	5:48	8:16	
28	Tue	10:10	4.6	10:02	5.1	4:10	0.3	4:08	0.8	5:49	8:15	
29	Wed	10:48	4.6	10:36	4.9	4:42	0.4	4:44	0.9	5:50	8:14	
30	Thu	11:26	4.6	11:15	4.8	5:12	0.5	5:21	1.0	5:51	8:13	
31	Fri			12:06	4.7	5:42	0.6	6:02	1.1	5:52	8:12	