

Atlantic Highlands, NJ - Aug 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:49	4.9	6:15	0.7	6:55	1.2	5:53	8:11	
2	Sun	12:50	4.4	1:36	5.0	6:57	0.8	8:04	1.2	5:54	8:10	
3	Mon	1:45	4.3	2:29	5.2	7:56	0.8	9:18	1.1	5:55	8:09	
4	Tue	2:46	4.2	3:28	5.4	9:09	0.8	10:27	0.8	5:56	8:08	
5	Wed	3:55	4.2	4:37	5.6	10:19	0.7	11:28	0.5	5:56	8:07	
6	Thu	5:10	4.3	5:44	5.9	11:24	0.4			5:57	8:06	
7	Fri	6:17	4.7	6:44	6.2	12:26	0.2	12:25	0.2	5:58	8:04	
8	Sat	7:15	5.0	7:38	6.4	1:21	-0.2	1:24	0.0	5:59	8:03	
9	Sun	8:09	5.4	8:30	6.4	2:14	-0.4	2:22	-0.2	6:00	8:02	
10	Mon	9:01	5.6	9:21	6.3	3:04	-0.6	3:17	-0.3	6:01	8:01	
11	Tue	9:53	5.7	10:12	6.1	3:51	-0.7	4:08	-0.2	6:02	7:59	
12	Wed	10:46	5.7	11:03	5.7	4:36	-0.6	4:58	0.0	6:03	7:58	
13	Thu	11:38	5.6	11:56	5.3	5:20	-0.4	5:49	0.3	6:04	7:57	
14	Fri			12:30	5.5	6:04	0.0	6:43	0.7	6:05	7:55	
15	Sat	12:49	4.9	1:21	5.3	6:51	0.4	7:44	1.0	6:06	7:54	
16	Sun	1:41	4.6	2:10	5.1	7:43	0.8	8:48	1.1	6:07	7:53	
17	Mon	2:33	4.3	3:00	5.0	8:41	1.1	9:51	1.2	6:08	7:51	
18	Tue	3:28	4.1	3:54	4.9	9:39	1.2	10:48	1.1	6:09	7:50	
19	Wed	4:28	4.0	4:52	4.9	10:35	1.2	11:38	1.0	6:10	7:49	
20	Thu	5:28	4.1	5:47	5.0	11:25	1.1			6:11	7:47	
21	Fri	6:21	4.3	6:35	5.1	12:23	0.8	12:13	1.0	6:12	7:46	
22	Sat	7:06	4.5	7:16	5.3	1:05	0.7	12:58	0.9	6:13	7:44	
23	Sun	7:46	4.7	7:53	5.4	1:47	0.5	1:43	0.7	6:14	7:43	
24	Mon	8:24	4.9	8:28	5.4	2:26	0.4	2:26	0.7	6:15	7:41	
25	Tue	9:00	5.0	9:01	5.3	3:03	0.3	3:06	0.6	6:16	7:40	
26	Wed	9:34	5.0	9:33	5.2	3:36	0.3	3:45	0.6	6:17	7:38	
27	Thu	10:07	5.1	10:07	5.0	4:08	0.3	4:22	0.7	6:18	7:37	
28	Fri	10:42	5.1	10:45	4.8	4:37	0.4	5:00	0.7	6:19	7:35	
29	Sat	11:22	5.2	11:31	4.6	5:06	0.5	5:41	0.9	6:20	7:34	
30	Sun			12:10	5.2	5:40	0.7	6:32	1.0	6:21	7:32	
31	Mon	12:26	4.4	1:06	5.3	6:23	0.8	7:40	1.1	6:22	7:30	