

Atlantic Highlands, NJ - Jan 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:21	4.9	5:48	4.0	11:55	0.0	11:45	0.1	7:19	4:39	
2	Sat	6:06	5.0	6:34	4.0			12:41	-0.1	7:19	4:40	
3	Sun	6:48	5.0	7:17	4.1	12:30	0.1	1:26	-0.2	7:19	4:41	
4	Mon	7:28	4.9	7:59	4.0	1:15	0.1	2:07	-0.2	7:19	4:42	
5	Tue	8:06	4.8	8:40	4.0	1:57	0.1	2:46	-0.2	7:19	4:43	
6	Wed	8:43	4.7	9:22	3.9	2:38	0.2	3:22	-0.1	7:19	4:44	
7	Thu	9:20	4.5	10:04	3.9	3:16	0.3	3:56	0.0	7:19	4:45	
8	Fri	9:57	4.3	10:46	3.9	3:52	0.4	4:28	0.1	7:19	4:46	
9	Sat	10:36	4.1	11:29	3.9	4:29	0.6	5:01	0.2	7:19	4:47	
10	Sun	11:18	3.9			5:11	0.7	5:36	0.3	7:18	4:48	
11	Mon	12:10	3.9	12:03	3.7	6:02	0.8	6:19	0.4	7:18	4:49	
12	Tue	12:53	4.1	12:53	3.6	7:09	0.9	7:14	0.5	7:18	4:50	
13	Wed	1:39	4.2	1:48	3.5	8:21	0.7	8:18	0.4	7:18	4:51	
14	Thu	2:33	4.4	2:53	3.5	9:26	0.5	9:20	0.3	7:17	4:52	
15	Fri	3:35	4.7	4:05	3.6	10:25	0.1	10:19	0.0	7:17	4:53	
16	Sat	4:39	5.0	5:09	3.9	11:21	-0.2	11:16	-0.3	7:16	4:54	
17	Sun	5:36	5.4	6:05	4.2			12:14	-0.6	7:16	4:55	
18	Mon	6:29	5.7	6:57	4.5	12:12	-0.5	1:07	-0.9	7:16	4:56	
19	Tue	7:20	5.9	7:49	4.7	1:08	-0.8	1:58	-1.1	7:15	4:57	
20	Wed	8:10	5.9	8:41	4.9	2:03	-0.9	2:46	-1.3	7:15	4:59	
21	Thu	9:02	5.7	9:35	5.0	2:56	-1.0	3:32	-1.3	7:14	5:00	
22	Fri	9:54	5.4	10:29	5.0	3:46	-0.8	4:17	-1.2	7:13	5:01	
23	Sat	10:49	5.1	11:25	4.9	4:38	-0.6	5:04	-0.9	7:13	5:02	
24	Sun	11:43	4.7			5:34	-0.2	5:54	-0.6	7:12	5:03	
25	Mon	12:19	4.8	12:38	4.3	6:37	0.1	6:50	-0.2	7:11	5:05	
26	Tue	1:11	4.6	1:32	3.9	7:45	0.3	7:49	0.1	7:11	5:06	
27	Wed	2:05	4.5	2:30	3.6	8:52	0.4	8:49	0.3	7:10	5:07	
28	Thu	3:02	4.4	3:33	3.5	9:53	0.3	9:45	0.3	7:09	5:08	
29	Fri	4:03	4.3	4:35	3.5	10:46	0.2	10:37	0.3	7:08	5:09	
30	Sat	5:00	4.4	5:30	3.7	11:35	0.1	11:25	0.2	7:07	5:11	
31	Sun	5:48	4.5	6:16	3.8			12:20	0.0	7:06	5:12	