

Atlantic Highlands, NJ - May 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:18	5.0	4:57	5.2	10:53	0.0	11:28	0.2	5:54	7:51	
2	Tue	5:23	5.1	5:55	5.7	11:44	-0.3			5:53	7:52	
3	Wed	6:21	5.2	6:48	6.1	12:24	-0.2	12:34	-0.5	5:52	7:53	
4	Thu	7:14	5.3	7:37	6.3	1:19	-0.5	1:24	-0.6	5:51	7:54	
5	Fri	8:06	5.3	8:26	6.4	2:13	-0.6	2:15	-0.5	5:49	7:55	
6	Sat	8:57	5.2	9:15	6.2	3:06	-0.7	3:06	-0.4	5:48	7:56	
7	Sun	9:50	5.0	10:05	5.9	3:56	-0.6	3:55	-0.1	5:47	7:57	
8	Mon	10:46	4.8	10:59	5.6	4:45	-0.3	4:43	0.2	5:46	7:58	
9	Tue	11:44	4.6	11:55	5.2	5:35	0.0	5:32	0.6	5:45	7:59	
10	Wed			12:42	4.5	6:27	0.3	6:26	0.9	5:44	8:00	
11	Thu	12:52	4.9	1:37	4.4	7:24	0.6	7:28	1.2	5:43	8:01	
12	Fri	1:45	4.6	2:29	4.4	8:23	0.7	8:35	1.3	5:42	8:02	
13	Sat	2:36	4.4	3:19	4.4	9:18	0.8	9:37	1.3	5:41	8:03	
14	Sun	3:28	4.3	4:11	4.6	10:07	0.8	10:32	1.1	5:40	8:04	
15	Mon	4:22	4.2	5:01	4.8	10:51	0.7	11:21	0.9	5:39	8:05	
16	Tue	5:15	4.2	5:48	5.0	11:31	0.6			5:38	8:06	
17	Wed	6:04	4.3	6:30	5.2	12:06	0.7	12:10	0.6	5:37	8:07	
18	Thu	6:48	4.3	7:08	5.4	12:50	0.5	12:50	0.6	5:36	8:08	
19	Fri	7:29	4.4	7:44	5.5	1:33	0.4	1:29	0.6	5:35	8:09	
20	Sat	8:08	4.4	8:19	5.5	2:17	0.3	2:10	0.6	5:35	8:10	
21	Sun	8:46	4.3	8:53	5.5	2:59	0.2	2:50	0.7	5:34	8:11	
22	Mon	9:25	4.3	9:30	5.5	3:41	0.2	3:30	0.7	5:33	8:11	
23	Tue	10:06	4.2	10:11	5.4	4:21	0.2	4:08	0.8	5:32	8:12	
24	Wed	10:53	4.2	10:59	5.3	5:01	0.3	4:49	0.8	5:32	8:13	
25	Thu	11:47	4.2	11:55	5.2	5:43	0.3	5:35	0.9	5:31	8:14	
26	Fri			12:43	4.4	6:31	0.4	6:33	1.0	5:30	8:15	
27	Sat	12:54	5.1	1:39	4.6	7:27	0.4	7:46	1.0	5:30	8:16	
28	Sun	1:51	5.0	2:34	4.9	8:26	0.3	9:01	0.9	5:29	8:17	
29	Mon	2:50	4.9	3:31	5.2	9:25	0.2	10:09	0.6	5:29	8:17	
30	Tue	3:51	4.9	4:31	5.6	10:21	0.0	11:11	0.3	5:28	8:18	
31	Wed	4:56	4.8	5:30	5.9	11:15	-0.1			5:28	8:19	