

Atlantic Highlands, NJ - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:58	4.9	6:26	6.1	12:08	0.0	12:07	-0.2	5:27	8:20	
2	Fri	6:55	5.0	7:18	6.3	1:03	-0.2	1:00	-0.2	5:27	8:20	
3	Sat	7:49	5.0	8:07	6.3	1:57	-0.3	1:53	-0.1	5:27	8:21	
4	Sun	8:41	5.0	8:56	6.1	2:50	-0.3	2:46	0.0	5:26	8:22	
5	Mon	9:33	4.9	9:46	5.8	3:41	-0.3	3:36	0.2	5:26	8:22	
6	Tue	10:27	4.8	10:37	5.5	4:28	-0.2	4:24	0.4	5:26	8:23	
7	Wed	11:22	4.7	11:29	5.2	5:13	0.0	5:11	0.7	5:25	8:24	
8	Thu			12:16	4.6	5:58	0.3	5:59	1.0	5:25	8:24	
9	Fri	12:20	4.9	1:07	4.6	6:45	0.5	6:52	1.2	5:25	8:25	
10	Sat	1:10	4.7	1:54	4.6	7:35	0.7	7:52	1.4	5:25	8:25	
11	Sun	1:57	4.4	2:40	4.6	8:25	0.8	8:54	1.4	5:25	8:26	
12	Mon	2:43	4.2	3:26	4.7	9:14	0.9	9:51	1.3	5:25	8:26	
13	Tue	3:32	4.1	4:14	4.8	10:00	0.9	10:44	1.1	5:25	8:27	
14	Wed	4:26	4.0	5:03	5.0	10:45	0.9	11:33	0.9	5:25	8:27	
15	Thu	5:22	4.0	5:50	5.2	11:29	0.8			5:25	8:28	
16	Fri	6:14	4.1	6:34	5.3	12:19	0.7	12:12	0.8	5:25	8:28	
17	Sat	7:00	4.2	7:15	5.5	1:05	0.5	12:56	0.7	5:25	8:28	
18	Sun	7:43	4.3	7:54	5.6	1:51	0.4	1:41	0.7	5:25	8:29	
19	Mon	8:24	4.4	8:33	5.7	2:37	0.2	2:27	0.7	5:25	8:29	
20	Tue	9:06	4.4	9:15	5.7	3:21	0.1	3:12	0.6	5:25	8:29	
21	Wed	9:51	4.5	9:59	5.7	4:03	0.0	3:57	0.6	5:26	8:29	
22	Thu	10:39	4.6	10:48	5.6	4:44	0.0	4:42	0.6	5:26	8:30	
23	Fri	11:32	4.7	11:42	5.4	5:26	0.0	5:30	0.6	5:26	8:30	
24	Sat			12:26	4.9	6:10	0.0	6:26	0.7	5:26	8:30	
25	Sun	12:38	5.2	1:20	5.1	7:00	0.1	7:32	0.8	5:27	8:30	
26	Mon	1:34	5.0	2:13	5.3	7:56	0.2	8:44	0.8	5:27	8:30	
27	Tue	2:30	4.8	3:08	5.5	8:55	0.2	9:53	0.7	5:27	8:30	
28	Wed	3:30	4.7	4:08	5.6	9:54	0.2	10:55	0.5	5:28	8:30	
29	Thu	4:35	4.6	5:09	5.8	10:52	0.2	11:53	0.3	5:28	8:30	
30	Fri	5:40	4.6	6:08	5.9	11:47	0.1			5:29	8:30	