

## Atlantic Highlands, NJ - Jul 1989

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 6:40  | 4.7 | 7:02  | 6.0 | 12:49 | 0.1  | 12:41 | 0.2 | 5:29                                                                                | 8:30 |    |
| 2    | Sun | 7:34  | 4.8 | 7:52  | 6.0 | 1:42  | 0.0  | 1:35  | 0.2 | 5:30                                                                                | 8:30 |    |
| 3    | Mon | 8:25  | 4.9 | 8:39  | 5.9 | 2:34  | -0.1 | 2:28  | 0.3 | 5:30                                                                                | 8:29 |    |
| 4    | Tue | 9:15  | 4.9 | 9:26  | 5.7 | 3:22  | -0.1 | 3:18  | 0.4 | 5:31                                                                                | 8:29 |    |
| 5    | Wed | 10:04 | 4.8 | 10:11 | 5.5 | 4:06  | -0.1 | 4:04  | 0.5 | 5:31                                                                                | 8:29 |    |
| 6    | Thu | 10:53 | 4.8 | 10:57 | 5.2 | 4:46  | 0.1  | 4:47  | 0.7 | 5:32                                                                                | 8:29 |    |
| 7    | Fri | 11:41 | 4.7 | 11:43 | 4.9 | 5:25  | 0.2  | 5:29  | 0.9 | 5:33                                                                                | 8:28 |    |
| 8    | Sat |       |     | 12:28 | 4.7 | 6:03  | 0.5  | 6:15  | 1.1 | 5:33                                                                                | 8:28 |    |
| 9    | Sun | 12:29 | 4.6 | 1:13  | 4.7 | 6:42  | 0.7  | 7:06  | 1.3 | 5:34                                                                                | 8:28 |    |
| 10   | Mon | 1:14  | 4.4 | 1:56  | 4.7 | 7:25  | 0.9  | 8:04  | 1.4 | 5:35                                                                                | 8:27 |    |
| 11   | Tue | 1:58  | 4.1 | 2:39  | 4.7 | 8:13  | 1.0  | 9:06  | 1.4 | 5:35                                                                                | 8:27 |    |
| 12   | Wed | 2:45  | 4.0 | 3:24  | 4.8 | 9:05  | 1.1  | 10:04 | 1.3 | 5:36                                                                                | 8:26 |   |
| 13   | Thu | 3:37  | 3.8 | 4:15  | 4.9 | 9:58  | 1.1  | 10:58 | 1.1 | 5:37                                                                                | 8:26 |  |
| 14   | Fri | 4:37  | 3.8 | 5:09  | 5.0 | 10:49 | 1.1  | 11:48 | 0.9 | 5:38                                                                                | 8:25 |  |
| 15   | Sat | 5:38  | 3.9 | 6:00  | 5.2 | 11:38 | 0.9  |       |     | 5:38                                                                                | 8:25 |  |
| 16   | Sun | 6:31  | 4.1 | 6:47  | 5.5 | 12:37 | 0.6  | 12:27 | 0.8 | 5:39                                                                                | 8:24 |  |
| 17   | Mon | 7:17  | 4.3 | 7:31  | 5.7 | 1:25  | 0.4  | 1:16  | 0.6 | 5:40                                                                                | 8:24 |  |
| 18   | Tue | 8:01  | 4.5 | 8:14  | 5.9 | 2:12  | 0.1  | 2:06  | 0.5 | 5:41                                                                                | 8:23 |  |
| 19   | Wed | 8:45  | 4.8 | 8:58  | 6.0 | 2:57  | -0.1 | 2:55  | 0.3 | 5:42                                                                                | 8:22 |  |
| 20   | Thu | 9:31  | 5.0 | 9:44  | 5.9 | 3:40  | -0.3 | 3:44  | 0.2 | 5:42                                                                                | 8:22 |  |
| 21   | Fri | 10:19 | 5.1 | 10:33 | 5.8 | 4:22  | -0.3 | 4:31  | 0.2 | 5:43                                                                                | 8:21 |  |
| 22   | Sat | 11:10 | 5.3 | 11:25 | 5.5 | 5:03  | -0.3 | 5:20  | 0.3 | 5:44                                                                                | 8:20 |  |
| 23   | Sun |       |     | 12:04 | 5.4 | 5:46  | -0.2 | 6:14  | 0.5 | 5:45                                                                                | 8:19 |  |
| 24   | Mon | 12:20 | 5.2 | 12:59 | 5.5 | 6:33  | -0.1 | 7:17  | 0.7 | 5:46                                                                                | 8:18 |  |
| 25   | Tue | 1:17  | 4.9 | 1:53  | 5.5 | 7:28  | 0.2  | 8:28  | 0.8 | 5:47                                                                                | 8:18 |  |
| 26   | Wed | 2:14  | 4.7 | 2:49  | 5.5 | 8:29  | 0.3  | 9:37  | 0.8 | 5:48                                                                                | 8:17 |  |
| 27   | Thu | 3:14  | 4.5 | 3:49  | 5.5 | 9:34  | 0.5  | 10:42 | 0.6 | 5:49                                                                                | 8:16 |  |
| 28   | Fri | 4:20  | 4.4 | 4:53  | 5.5 | 10:36 | 0.5  | 11:40 | 0.5 | 5:49                                                                                | 8:15 |  |
| 29   | Sat | 5:27  | 4.4 | 5:55  | 5.6 | 11:34 | 0.5  |       |     | 5:50                                                                                | 8:14 |  |
| 30   | Sun | 6:28  | 4.6 | 6:49  | 5.7 | 12:34 | 0.3  | 12:28 | 0.4 | 5:51                                                                                | 8:13 |  |
| 31   | Mon | 7:20  | 4.8 | 7:37  | 5.7 | 1:25  | 0.2  | 1:20  | 0.4 | 5:52                                                                                | 8:12 |  |