

Atlantic Highlands, NJ - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:08	4.9	8:21	5.7	2:13	0.1	2:10	0.4	5:53	8:11	
2	Wed	8:52	5.0	9:02	5.6	2:57	0.0	2:57	0.4	5:54	8:10	
3	Thu	9:36	5.0	9:43	5.4	3:37	0.0	3:40	0.5	5:55	8:08	
4	Fri	10:18	5.0	10:23	5.1	4:14	0.1	4:20	0.6	5:56	8:07	
5	Sat	11:00	4.9	11:03	4.8	4:48	0.3	4:59	0.8	5:57	8:06	
6	Sun	11:43	4.9	11:45	4.5	5:20	0.5	5:39	1.0	5:58	8:05	
7	Mon			12:26	4.8	5:52	0.7	6:22	1.2	5:59	8:04	
8	Tue	12:29	4.3	1:08	4.8	6:26	1.0	7:13	1.4	6:00	8:03	
9	Wed	1:15	4.1	1:51	4.7	7:07	1.2	8:16	1.5	6:01	8:01	
10	Thu	2:02	3.9	2:36	4.7	8:03	1.3	9:22	1.4	6:02	8:00	
11	Fri	2:55	3.8	3:28	4.8	9:09	1.4	10:23	1.3	6:03	7:59	
12	Sat	3:56	3.8	4:27	4.9	10:13	1.3	11:18	1.0	6:04	7:57	
13	Sun	5:02	3.9	5:27	5.2	11:10	1.1			6:05	7:56	
14	Mon	6:01	4.2	6:20	5.5	12:08	0.7	12:03	0.8	6:06	7:55	
15	Tue	6:51	4.6	7:08	5.9	12:55	0.3	12:54	0.5	6:07	7:53	
16	Wed	7:36	5.0	7:53	6.1	1:42	0.0	1:46	0.2	6:08	7:52	
17	Thu	8:21	5.3	8:38	6.1	2:28	-0.3	2:37	0.0	6:09	7:51	
18	Fri	9:07	5.6	9:25	6.1	3:12	-0.5	3:28	-0.1	6:10	7:49	
19	Sat	9:54	5.8	10:14	5.8	3:55	-0.5	4:17	-0.1	6:11	7:48	
20	Sun	10:45	5.9	11:06	5.5	4:37	-0.5	5:07	0.0	6:12	7:46	
21	Mon	11:39	5.8			5:21	-0.3	6:00	0.3	6:12	7:45	
22	Tue	12:03	5.2	12:36	5.7	6:08	0.0	7:01	0.6	6:13	7:43	
23	Wed	1:02	4.9	1:33	5.6	7:04	0.4	8:11	0.8	6:14	7:42	
24	Thu	2:02	4.6	2:32	5.4	8:09	0.7	9:23	0.9	6:15	7:40	
25	Fri	3:03	4.4	3:33	5.3	9:19	0.8	10:29	0.8	6:16	7:39	
26	Sat	4:09	4.4	4:39	5.3	10:24	0.8	11:26	0.6	6:17	7:37	
27	Sun	5:15	4.5	5:41	5.3	11:23	0.8			6:18	7:36	
28	Mon	6:14	4.7	6:33	5.4	12:17	0.5	12:15	0.7	6:19	7:34	
29	Tue	7:03	4.9	7:18	5.5	1:03	0.3	1:04	0.6	6:20	7:33	
30	Wed	7:46	5.1	7:58	5.5	1:46	0.2	1:50	0.5	6:21	7:31	
31	Thu	8:25	5.2	8:36	5.4	2:26	0.2	2:33	0.5	6:22	7:30	