

Atlantic Highlands, NJ - Sep 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:04	5.3	9:12	5.3	3:03	0.2	3:15	0.5	6:23	7:28	
2	Sat	9:41	5.3	9:49	5.0	3:37	0.3	3:53	0.6	6:24	7:26	
3	Sun	10:17	5.2	10:25	4.8	4:09	0.4	4:30	0.7	6:25	7:25	
4	Mon	10:54	5.1	11:03	4.5	4:39	0.6	5:07	0.9	6:26	7:23	
5	Tue	11:33	4.9	11:45	4.2	5:08	0.9	5:45	1.1	6:27	7:22	
6	Wed			12:15	4.8	5:37	1.1	6:29	1.3	6:28	7:20	
7	Thu	12:33	4.0	1:01	4.8	6:12	1.3	7:28	1.5	6:29	7:18	
8	Fri	1:25	3.9	1:51	4.7	7:03	1.5	8:40	1.5	6:30	7:17	
9	Sat	2:21	3.8	2:47	4.8	8:22	1.6	9:48	1.3	6:31	7:15	
10	Sun	3:22	3.9	3:49	5.0	9:40	1.4	10:45	1.0	6:32	7:13	
11	Mon	4:28	4.1	4:53	5.2	10:44	1.1	11:36	0.6	6:33	7:12	
12	Tue	5:30	4.5	5:51	5.6	11:41	0.7			6:34	7:10	
13	Wed	6:22	5.0	6:42	5.9	12:23	0.2	12:34	0.3	6:35	7:08	
14	Thu	7:10	5.5	7:30	6.1	1:09	-0.1	1:26	0.0	6:36	7:07	
15	Fri	7:56	6.0	8:16	6.1	1:55	-0.4	2:19	-0.2	6:37	7:05	
16	Sat	8:42	6.2	9:04	6.0	2:41	-0.6	3:10	-0.4	6:38	7:03	
17	Sun	9:29	6.3	9:54	5.8	3:26	-0.6	4:01	-0.3	6:39	7:02	
18	Mon	10:20	6.3	10:48	5.4	4:11	-0.5	4:51	-0.1	6:39	7:00	
19	Tue	11:14	6.1	11:47	5.1	4:57	-0.2	5:44	0.2	6:40	6:58	
20	Wed			12:14	5.8	5:46	0.2	6:44	0.5	6:41	6:57	
21	Thu	12:49	4.8	1:15	5.5	6:43	0.6	7:53	0.8	6:42	6:55	
22	Fri	1:51	4.6	2:15	5.3	7:52	1.0	9:05	0.9	6:43	6:53	
23	Sat	2:52	4.5	3:16	5.1	9:05	1.1	10:10	0.9	6:44	6:52	
24	Sun	3:55	4.5	4:19	5.0	10:11	1.1	11:05	0.7	6:45	6:50	
25	Mon	4:58	4.6	5:19	5.1	11:08	1.0	11:52	0.6	6:46	6:48	
26	Tue	5:53	4.8	6:10	5.2	11:58	0.8			6:47	6:46	
27	Wed	6:39	5.1	6:53	5.2	12:33	0.5	12:43	0.7	6:48	6:45	
28	Thu	7:19	5.3	7:32	5.2	1:12	0.4	1:26	0.5	6:49	6:43	
29	Fri	7:56	5.5	8:08	5.2	1:49	0.4	2:08	0.5	6:50	6:42	
30	Sat	8:31	5.5	8:43	5.0	2:25	0.4	2:49	0.5	6:51	6:40	