

Atlantic Highlands, NJ - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:38	4.3			5:33	-0.1	5:44	-0.4	7:05	5:14	
2	Fri	12:11	4.8	12:37	4.1	6:41	0.2	6:45	-0.2	7:04	5:15	
3	Sat	1:09	4.8	1:39	3.8	7:56	0.2	7:56	0.0	7:03	5:16	
4	Sun	2:11	4.7	2:46	3.7	9:08	0.2	9:06	0.0	7:02	5:17	
5	Mon	3:19	4.7	3:57	3.8	10:12	0.0	10:10	-0.1	7:01	5:19	
6	Tue	4:28	4.8	5:03	4.0	11:09	-0.3	11:08	-0.3	7:00	5:20	
7	Wed	5:28	5.0	5:59	4.3			12:01	-0.5	6:59	5:21	
8	Thu	6:19	5.2	6:47	4.6	12:02	-0.4	12:50	-0.7	6:58	5:22	
9	Fri	7:04	5.2	7:32	4.7	12:53	-0.5	1:36	-0.8	6:56	5:23	
10	Sat	7:47	5.1	8:15	4.8	1:41	-0.6	2:17	-0.8	6:55	5:25	
11	Sun	8:28	5.0	8:57	4.7	2:25	-0.5	2:55	-0.7	6:54	5:26	
12	Mon	9:08	4.7	9:38	4.6	3:06	-0.4	3:30	-0.5	6:53	5:27	
13	Tue	9:48	4.4	10:19	4.5	3:44	-0.2	4:03	-0.3	6:52	5:28	
14	Wed	10:29	4.1	11:01	4.3	4:22	0.0	4:34	0.0	6:50	5:29	
15	Thu	11:12	3.8	11:44	4.2	5:02	0.3	5:07	0.3	6:49	5:31	
16	Fri	11:58	3.5			5:48	0.6	5:46	0.6	6:48	5:32	
17	Sat	12:28	4.1	12:46	3.3	6:47	0.8	6:39	0.8	6:46	5:33	
18	Sun	1:16	4.0	1:39	3.2	7:55	0.9	7:50	0.9	6:45	5:34	
19	Mon	2:08	4.0	2:39	3.2	9:01	0.8	8:58	0.8	6:44	5:35	
20	Tue	3:09	4.0	3:45	3.3	9:58	0.6	9:58	0.6	6:42	5:36	
21	Wed	4:12	4.3	4:45	3.6	10:49	0.3	10:50	0.3	6:41	5:38	
22	Thu	5:06	4.6	5:35	3.9	11:36	-0.1	11:40	0.0	6:39	5:39	
23	Fri	5:53	4.9	6:18	4.3			12:20	-0.4	6:38	5:40	
24	Sat	6:36	5.2	7:00	4.7	12:29	-0.3	1:04	-0.7	6:37	5:41	
25	Sun	7:18	5.3	7:41	5.0	1:17	-0.6	1:46	-0.9	6:35	5:42	
26	Mon	8:01	5.3	8:23	5.2	2:05	-0.8	2:28	-1.0	6:34	5:43	
27	Tue	8:46	5.2	9:09	5.3	2:51	-0.8	3:08	-1.0	6:32	5:45	
28	Wed	9:34	4.9	9:59	5.3	3:38	-0.8	3:49	-0.9	6:31	5:46	