

Atlantic Highlands, NJ - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:23	5.1	2:07	4.6	8:01	0.3	8:12	0.9	5:55	7:51	
2	Wed	2:21	4.8	3:03	4.6	9:04	0.4	9:21	0.9	5:53	7:52	
3	Thu	3:17	4.6	4:00	4.7	10:01	0.4	10:22	0.8	5:52	7:53	
4	Fri	4:15	4.5	4:55	4.9	10:50	0.4	11:15	0.7	5:51	7:54	
5	Sat	5:11	4.5	5:45	5.1	11:33	0.4			5:50	7:55	
6	Sun	6:02	4.5	6:28	5.3	12:02	0.5	12:13	0.4	5:49	7:56	
7	Mon	6:47	4.5	7:08	5.4	12:46	0.4	12:52	0.4	5:47	7:57	
8	Tue	7:27	4.5	7:45	5.5	1:29	0.3	1:31	0.4	5:46	7:58	
9	Wed	8:06	4.5	8:20	5.5	2:11	0.2	2:10	0.5	5:45	7:59	
10	Thu	8:44	4.4	8:55	5.4	2:52	0.2	2:48	0.6	5:44	8:00	
11	Fri	9:22	4.3	9:29	5.3	3:32	0.2	3:25	0.7	5:43	8:01	
12	Sat	10:01	4.2	10:04	5.1	4:10	0.3	4:01	0.8	5:42	8:02	
13	Sun	10:42	4.1	10:41	5.0	4:47	0.4	4:35	1.0	5:41	8:03	
14	Mon	11:27	4.0	11:25	4.8	5:24	0.5	5:10	1.1	5:40	8:04	
15	Tue			12:16	4.0	6:04	0.7	5:52	1.2	5:39	8:05	
16	Wed	12:17	4.8	1:07	4.1	6:51	0.7	6:48	1.3	5:38	8:06	
17	Thu	1:11	4.7	1:57	4.3	7:48	0.7	8:04	1.3	5:37	8:07	
18	Fri	2:07	4.7	2:49	4.6	8:47	0.6	9:20	1.1	5:36	8:08	
19	Sat	3:05	4.7	3:46	5.0	9:44	0.4	10:26	0.7	5:36	8:09	
20	Sun	4:08	4.7	4:45	5.4	10:38	0.2	11:25	0.3	5:35	8:09	
21	Mon	5:13	4.8	5:43	5.8	11:30	-0.1			5:34	8:10	
22	Tue	6:13	5.0	6:38	6.2	12:21	0.0	12:22	-0.2	5:33	8:11	
23	Wed	7:09	5.1	7:30	6.4	1:17	-0.3	1:15	-0.3	5:33	8:12	
24	Thu	8:03	5.2	8:21	6.5	2:13	-0.5	2:10	-0.4	5:32	8:13	
25	Fri	8:57	5.2	9:14	6.4	3:07	-0.6	3:05	-0.3	5:31	8:14	
26	Sat	9:53	5.1	10:08	6.1	3:59	-0.6	3:58	-0.2	5:31	8:15	
27	Sun	10:52	5.0	11:06	5.8	4:50	-0.5	4:50	0.1	5:30	8:16	
28	Mon	11:52	4.9			5:40	-0.3	5:44	0.4	5:29	8:16	
29	Tue	12:04	5.5	12:50	4.9	6:34	0.0	6:42	0.7	5:29	8:17	
30	Wed	1:00	5.2	1:44	4.9	7:30	0.3	7:45	1.0	5:28	8:18	
31	Thu	1:53	4.9	2:35	4.9	8:26	0.4	8:50	1.1	5:28	8:19	