

Atlantic Highlands, NJ - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:28	4.2	5:47	5.1	11:33	1.1			6:23	7:28	
2	Sun	6:18	4.5	6:34	5.4	12:17	0.6	12:20	0.8	6:24	7:27	
3	Mon	7:01	4.8	7:15	5.6	12:59	0.4	1:07	0.6	6:25	7:25	
4	Tue	7:40	5.2	7:55	5.8	1:41	0.1	1:54	0.3	6:26	7:24	
5	Wed	8:19	5.5	8:35	5.8	2:22	-0.1	2:41	0.2	6:27	7:22	
6	Thu	8:58	5.7	9:18	5.7	3:03	-0.2	3:27	0.1	6:28	7:20	
7	Fri	9:41	5.9	10:03	5.4	3:43	-0.2	4:13	0.1	6:29	7:19	
8	Sat	10:28	5.9	10:54	5.2	4:23	-0.1	5:00	0.2	6:30	7:17	
9	Sun	11:20	5.8	11:52	4.9	5:05	0.0	5:52	0.4	6:31	7:15	
10	Mon			12:20	5.7	5:52	0.3	6:54	0.7	6:32	7:14	
11	Tue	12:55	4.7	1:22	5.5	6:50	0.6	8:06	0.9	6:32	7:12	
12	Wed	1:58	4.5	2:25	5.4	8:03	0.8	9:19	0.8	6:33	7:10	
13	Thu	3:03	4.5	3:30	5.4	9:19	0.9	10:25	0.7	6:34	7:09	
14	Fri	4:10	4.6	4:37	5.4	10:27	0.7	11:21	0.4	6:35	7:07	
15	Sat	5:16	4.8	5:39	5.5	11:26	0.6			6:36	7:05	
16	Sun	6:13	5.2	6:32	5.6	12:11	0.2	12:20	0.4	6:37	7:04	
17	Mon	7:02	5.4	7:18	5.7	12:58	0.1	1:09	0.3	6:38	7:02	
18	Tue	7:45	5.7	8:00	5.6	1:41	0.0	1:57	0.2	6:39	7:00	
19	Wed	8:26	5.7	8:40	5.5	2:22	0.0	2:42	0.2	6:40	6:59	
20	Thu	9:05	5.7	9:19	5.2	3:01	0.1	3:24	0.3	6:41	6:57	
21	Fri	9:43	5.6	9:58	4.9	3:37	0.3	4:04	0.4	6:42	6:55	
22	Sat	10:22	5.4	10:39	4.6	4:11	0.5	4:42	0.6	6:43	6:54	
23	Sun	11:02	5.2	11:24	4.4	4:44	0.8	5:21	0.9	6:44	6:52	
24	Mon	11:46	5.0			5:16	1.0	6:03	1.1	6:45	6:50	
25	Tue	12:14	4.1	12:35	4.8	5:52	1.3	6:53	1.4	6:46	6:49	
26	Wed	1:06	4.0	1:26	4.7	6:38	1.6	7:57	1.5	6:47	6:47	
27	Thu	1:59	3.9	2:17	4.6	7:47	1.7	9:04	1.4	6:48	6:45	
28	Fri	2:54	3.9	3:12	4.7	9:04	1.7	10:03	1.2	6:49	6:44	
29	Sat	3:51	4.1	4:10	4.8	10:09	1.5	10:53	0.9	6:50	6:42	
30	Sun	4:49	4.4	5:07	5.0	11:04	1.1	11:38	0.6	6:51	6:40	