

Atlantic Highlands, NJ - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	6.2	6:34	5.0			12:44	-0.6	6:59	4:30	
2	Sun	6:54	6.3	7:27	5.0	12:41	-0.6	1:38	-0.7	7:00	4:30	
3	Mon	7:45	6.3	8:21	5.0	1:35	-0.6	2:31	-0.8	7:01	4:30	
4	Tue	8:39	6.1	9:18	4.9	2:30	-0.6	3:22	-0.7	7:02	4:29	
5	Wed	9:35	5.8	10:18	4.8	3:23	-0.4	4:13	-0.6	7:03	4:29	
6	Thu	10:34	5.5	11:18	4.7	4:16	-0.1	5:05	-0.4	7:04	4:29	
7	Fri	11:33	5.1			5:12	0.2	6:00	-0.1	7:05	4:29	
8	Sat	12:16	4.7	12:29	4.8	6:15	0.5	6:59	0.1	7:06	4:29	
9	Sun	1:10	4.7	1:22	4.5	7:22	0.7	7:56	0.2	7:07	4:29	
10	Mon	2:02	4.7	2:14	4.2	8:27	0.7	8:49	0.3	7:08	4:29	
11	Tue	2:55	4.7	3:09	4.0	9:25	0.6	9:37	0.3	7:09	4:29	
12	Wed	3:47	4.8	4:06	3.9	10:16	0.5	10:21	0.3	7:09	4:29	
13	Thu	4:37	4.9	4:58	3.9	11:03	0.4	11:03	0.3	7:10	4:30	
14	Fri	5:23	5.0	5:45	4.0	11:47	0.2	11:44	0.3	7:11	4:30	
15	Sat	6:04	5.1	6:27	4.1			12:31	0.1	7:12	4:30	
16	Sun	6:43	5.1	7:08	4.1	12:26	0.3	1:14	0.0	7:12	4:30	
17	Mon	7:21	5.1	7:47	4.1	1:08	0.3	1:55	-0.1	7:13	4:31	
18	Tue	7:57	5.1	8:25	4.0	1:50	0.3	2:35	-0.1	7:14	4:31	
19	Wed	8:32	4.9	9:04	3.9	2:29	0.4	3:12	-0.1	7:14	4:31	
20	Thu	9:08	4.8	9:43	3.9	3:06	0.4	3:47	0.0	7:15	4:32	
21	Fri	9:45	4.7	10:25	3.9	3:41	0.5	4:22	0.0	7:15	4:32	
22	Sat	10:28	4.5	11:11	4.0	4:18	0.6	4:58	0.1	7:16	4:33	
23	Sun	11:17	4.4	11:59	4.2	5:02	0.7	5:39	0.2	7:16	4:33	
24	Mon			12:09	4.3	5:59	0.8	6:29	0.2	7:17	4:34	
25	Tue	12:49	4.4	1:05	4.2	7:14	0.7	7:29	0.1	7:17	4:35	
26	Wed	1:42	4.7	2:04	4.1	8:28	0.6	8:31	0.0	7:17	4:35	
27	Thu	2:41	4.9	3:11	4.0	9:35	0.3	9:33	-0.2	7:18	4:36	
28	Fri	3:46	5.2	4:20	4.2	10:36	-0.1	10:31	-0.4	7:18	4:37	
29	Sat	4:49	5.5	5:23	4.4	11:33	-0.4	11:29	-0.6	7:18	4:37	
30	Sun	5:48	5.8	6:20	4.6			12:29	-0.7	7:18	4:38	
31	Mon	6:42	5.9	7:15	4.8	12:26	-0.7	1:24	-0.9	7:19	4:39	