

Atlantic Highlands, NJ - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:47	5.3	8:14	5.3	1:45	-0.9	2:13	-1.0	6:30	5:47	
2	Sat	8:30	5.1	8:57	5.2	2:31	-0.8	2:53	-0.9	6:28	5:48	
3	Sun	9:14	4.8	9:41	5.1	3:14	-0.6	3:31	-0.6	6:27	5:49	
4	Mon	9:58	4.5	10:25	4.8	3:55	-0.4	4:07	-0.2	6:25	5:50	
5	Tue	10:44	4.1	11:10	4.5	4:36	0.0	4:42	0.1	6:23	5:51	
6	Wed	11:33	3.8	11:58	4.3	5:20	0.3	5:21	0.5	6:22	5:52	
7	Thu			12:23	3.6	6:12	0.6	6:10	0.8	6:20	5:53	
8	Fri	12:47	4.1	1:14	3.4	7:15	0.8	7:16	1.0	6:19	5:54	
9	Sat	1:38	4.0	2:09	3.4	8:21	0.9	8:27	1.0	6:17	5:55	
10	Sun	2:35	4.0	3:11	3.4	9:21	0.8	9:29	0.9	6:16	5:56	
11	Mon	3:36	4.1	4:12	3.6	10:13	0.5	10:22	0.7	6:14	5:58	
12	Tue	4:34	4.3	5:04	3.9	10:59	0.3	11:10	0.4	6:12	5:59	
13	Wed	5:22	4.5	5:48	4.3	11:41	0.0	11:56	0.1	6:11	6:00	
14	Thu	6:04	4.8	6:26	4.6			12:22	-0.2	6:09	6:01	
15	Fri	6:43	4.9	7:02	4.9	12:41	-0.1	1:02	-0.4	6:07	6:02	
16	Sat	7:21	5.0	7:38	5.2	1:26	-0.3	1:42	-0.5	6:06	6:03	
17	Sun	8:00	5.0	8:16	5.3	2:10	-0.5	2:20	-0.6	6:04	6:04	
18	Mon	8:42	4.8	8:57	5.4	2:53	-0.5	2:59	-0.5	6:03	6:05	
19	Tue	9:28	4.6	9:44	5.3	3:36	-0.5	3:39	-0.4	6:01	6:06	
20	Wed	10:21	4.4	10:39	5.2	4:23	-0.3	4:22	-0.2	5:59	6:07	
21	Thu	11:20	4.2	11:40	5.1	5:16	0.0	5:13	0.0	5:58	6:08	
22	Fri			12:23	4.1	6:21	0.2	6:20	0.3	5:56	6:09	
23	Sat	12:44	4.9	1:27	4.1	7:35	0.3	7:38	0.4	5:54	6:10	
24	Sun	1:49	4.8	2:33	4.2	8:45	0.2	8:53	0.3	5:53	6:11	
25	Mon	2:57	4.8	3:40	4.4	9:47	0.0	9:58	0.1	5:51	6:12	
26	Tue	4:04	4.9	4:42	4.8	10:41	-0.2	10:55	-0.1	5:49	6:13	
27	Wed	5:04	5.0	5:36	5.1	11:30	-0.4	11:48	-0.3	5:48	6:14	
28	Thu	5:55	5.1	6:22	5.4			12:16	-0.5	5:46	6:15	
29	Fri	6:40	5.2	7:05	5.6	12:37	-0.5	12:59	-0.6	5:45	6:16	
30	Sat	7:23	5.1	7:46	5.6	1:24	-0.5	1:41	-0.5	5:43	6:18	
31	Sun	8:04	4.9	8:25	5.5	2:09	-0.5	2:21	-0.3	5:41	6:19	