

Atlantic Highlands, NJ - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:02	4.7	6:30	5.9	12:09	0.2	12:12	0.2	5:29	8:30	
2	Fri	6:57	4.8	7:20	6.0	1:01	0.0	1:04	0.2	5:30	8:30	
3	Sat	7:48	4.9	8:07	5.9	1:52	-0.1	1:55	0.2	5:30	8:29	
4	Sun	8:35	4.9	8:51	5.8	2:40	-0.1	2:44	0.3	5:31	8:29	
5	Mon	9:21	4.9	9:35	5.6	3:24	-0.1	3:30	0.4	5:31	8:29	
6	Tue	10:07	4.8	10:18	5.4	4:05	-0.1	4:12	0.6	5:32	8:29	
7	Wed	10:53	4.8	11:02	5.1	4:43	0.1	4:53	0.7	5:33	8:28	
8	Thu	11:38	4.7	11:47	4.8	5:19	0.3	5:34	0.9	5:33	8:28	
9	Fri			12:24	4.7	5:56	0.5	6:18	1.2	5:34	8:28	
10	Sat	12:32	4.6	1:08	4.7	6:34	0.7	7:09	1.3	5:35	8:27	
11	Sun	1:17	4.4	1:50	4.7	7:17	0.8	8:09	1.4	5:35	8:27	
12	Mon	2:03	4.2	2:32	4.7	8:08	1.0	9:12	1.4	5:36	8:26	
13	Tue	2:51	4.1	3:18	4.8	9:03	1.0	10:10	1.3	5:37	8:26	
14	Wed	3:45	4.0	4:10	4.9	9:58	1.0	11:04	1.0	5:38	8:25	
15	Thu	4:45	4.0	5:06	5.1	10:52	0.8	11:55	0.7	5:38	8:25	
16	Fri	5:44	4.2	6:00	5.4	11:43	0.6			5:39	8:24	
17	Sat	6:36	4.5	6:48	5.7	12:43	0.4	12:33	0.4	5:40	8:24	
18	Sun	7:24	4.7	7:34	6.0	1:32	0.1	1:25	0.2	5:41	8:23	
19	Mon	8:10	5.0	8:20	6.1	2:19	-0.1	2:17	0.0	5:42	8:22	
20	Tue	8:57	5.3	9:07	6.1	3:06	-0.4	3:08	-0.1	5:42	8:22	
21	Wed	9:46	5.4	9:56	6.0	3:50	-0.5	3:58	-0.2	5:43	8:21	
22	Thu	10:38	5.6	10:48	5.8	4:34	-0.6	4:48	-0.1	5:44	8:20	
23	Fri	11:32	5.6	11:44	5.5	5:19	-0.5	5:40	0.1	5:45	8:19	
24	Sat			12:29	5.7	6:06	-0.3	6:37	0.3	5:46	8:18	
25	Sun	12:42	5.2	1:24	5.7	6:59	0.0	7:43	0.5	5:47	8:17	
26	Mon	1:39	4.9	2:20	5.6	7:59	0.2	8:51	0.6	5:48	8:17	
27	Tue	2:37	4.7	3:16	5.6	9:03	0.4	9:58	0.6	5:49	8:16	
28	Wed	3:38	4.5	4:17	5.5	10:05	0.5	10:58	0.5	5:50	8:15	
29	Thu	4:43	4.5	5:18	5.5	11:03	0.5	11:52	0.4	5:50	8:14	
30	Fri	5:47	4.5	6:14	5.6	11:57	0.5			5:51	8:13	
31	Sat	6:41	4.7	7:03	5.7	12:43	0.2	12:47	0.4	5:52	8:12	