

Atlantic Highlands, NJ - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:05	4.6	4:29	4.0	10:39	0.2	10:37	0.1	7:19	4:39	
2	Tue	4:56	4.7	5:20	4.0	11:25	0.1	11:21	0.0	7:19	4:40	
3	Wed	5:41	4.8	6:06	4.1			12:09	-0.1	7:19	4:41	
4	Thu	6:22	4.9	6:48	4.2	12:04	0.0	12:52	-0.2	7:19	4:42	
5	Fri	7:01	5.0	7:29	4.3	12:47	-0.1	1:34	-0.3	7:19	4:43	
6	Sat	7:37	5.0	8:08	4.2	1:29	-0.1	2:14	-0.3	7:19	4:44	
7	Sun	8:12	4.9	8:47	4.2	2:10	-0.1	2:51	-0.3	7:19	4:45	
8	Mon	8:46	4.7	9:25	4.1	2:48	0.0	3:26	-0.3	7:19	4:46	
9	Tue	9:19	4.6	10:04	4.0	3:24	0.1	3:59	-0.2	7:19	4:47	
10	Wed	9:55	4.4	10:45	4.0	4:00	0.2	4:31	-0.1	7:18	4:48	
11	Thu	10:37	4.3	11:30	4.1	4:38	0.3	5:06	0.0	7:18	4:49	
12	Fri	11:27	4.1			5:24	0.5	5:49	0.1	7:18	4:50	
13	Sat	12:18	4.2	12:22	4.0	6:26	0.5	6:47	0.2	7:18	4:51	
14	Sun	1:09	4.4	1:20	4.0	7:40	0.5	7:55	0.1	7:17	4:52	
15	Mon	2:06	4.6	2:25	4.0	8:52	0.3	9:02	-0.1	7:17	4:53	
16	Tue	3:10	4.9	3:36	4.1	9:56	-0.1	10:03	-0.4	7:16	4:54	
17	Wed	4:16	5.2	4:44	4.3	10:54	-0.5	11:02	-0.6	7:16	4:55	
18	Thu	5:17	5.6	5:44	4.6	11:50	-0.8	11:58	-0.9	7:16	4:56	
19	Fri	6:12	5.9	6:39	4.9			12:44	-1.2	7:15	4:58	
20	Sat	7:04	6.0	7:32	5.1	12:54	-1.1	1:37	-1.4	7:14	4:59	
21	Sun	7:55	6.0	8:24	5.2	1:49	-1.2	2:27	-1.5	7:14	5:00	
22	Mon	8:46	5.8	9:17	5.2	2:42	-1.2	3:15	-1.5	7:13	5:01	
23	Tue	9:38	5.5	10:11	5.0	3:32	-1.0	4:01	-1.3	7:13	5:02	
24	Wed	10:32	5.2	11:05	4.9	4:22	-0.7	4:47	-1.0	7:12	5:03	
25	Thu	11:25	4.8	11:58	4.7	5:13	-0.3	5:36	-0.6	7:11	5:05	
26	Fri			12:18	4.4	6:11	0.0	6:28	-0.2	7:10	5:06	
27	Sat	12:50	4.5	1:10	4.1	7:13	0.3	7:25	0.1	7:10	5:07	
28	Sun	1:40	4.3	2:03	3.8	8:17	0.4	8:22	0.3	7:09	5:08	
29	Mon	2:33	4.2	2:59	3.7	9:17	0.4	9:16	0.3	7:08	5:09	
30	Tue	3:29	4.2	3:58	3.6	10:10	0.3	10:07	0.2	7:07	5:11	
31	Wed	4:25	4.3	4:53	3.8	10:57	0.2	10:54	0.1	7:06	5:12	