

Atlantic Highlands, NJ - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:21	5.4	8:42	6.6	2:29	-0.6	2:36	-0.4	5:29	8:30	
2	Tue	9:15	5.5	9:35	6.5	3:21	-0.8	3:31	-0.4	5:30	8:30	
3	Wed	10:10	5.5	10:30	6.3	4:11	-0.9	4:24	-0.3	5:30	8:29	
4	Thu	11:08	5.5	11:27	6.0	5:00	-0.8	5:17	-0.1	5:31	8:29	
5	Fri			12:06	5.5	5:49	-0.6	6:13	0.2	5:32	8:29	
6	Sat	12:24	5.7	1:03	5.5	6:41	-0.3	7:14	0.4	5:32	8:29	
7	Sun	1:20	5.3	1:57	5.4	7:37	0.0	8:19	0.7	5:33	8:28	
8	Mon	2:14	5.0	2:49	5.4	8:35	0.2	9:24	0.7	5:33	8:28	
9	Tue	3:08	4.7	3:43	5.3	9:31	0.4	10:23	0.7	5:34	8:28	
10	Wed	4:05	4.5	4:38	5.3	10:25	0.5	11:17	0.6	5:35	8:27	
11	Thu	5:03	4.5	5:32	5.3	11:14	0.5			5:36	8:27	
12	Fri	5:58	4.5	6:20	5.4	12:06	0.5	12:00	0.5	5:36	8:26	
13	Sat	6:47	4.6	7:04	5.4	12:52	0.4	12:45	0.5	5:37	8:26	
14	Sun	7:32	4.7	7:45	5.5	1:36	0.3	1:29	0.5	5:38	8:25	
15	Mon	8:14	4.7	8:23	5.5	2:19	0.3	2:13	0.5	5:39	8:25	
16	Tue	8:55	4.8	9:00	5.4	3:00	0.2	2:56	0.6	5:39	8:24	
17	Wed	9:36	4.7	9:36	5.3	3:38	0.2	3:37	0.6	5:40	8:23	
18	Thu	10:16	4.7	10:11	5.1	4:14	0.2	4:15	0.7	5:41	8:23	
19	Fri	10:56	4.6	10:47	4.9	4:48	0.3	4:51	0.8	5:42	8:22	
20	Sat	11:37	4.6	11:25	4.8	5:20	0.4	5:29	0.9	5:43	8:21	
21	Sun			12:18	4.7	5:53	0.6	6:11	1.1	5:44	8:21	
22	Mon	12:10	4.6	1:02	4.8	6:29	0.7	7:04	1.2	5:44	8:20	
23	Tue	1:00	4.5	1:48	4.9	7:16	0.7	8:11	1.1	5:45	8:19	
24	Wed	1:53	4.4	2:38	5.1	8:18	0.8	9:21	1.0	5:46	8:18	
25	Thu	2:52	4.4	3:36	5.3	9:24	0.7	10:26	0.7	5:47	8:17	
26	Fri	3:58	4.5	4:40	5.6	10:28	0.5	11:25	0.3	5:48	8:16	
27	Sat	5:08	4.7	5:43	6.0	11:28	0.2			5:49	8:15	
28	Sun	6:12	5.0	6:40	6.3	12:20	0.0	12:26	-0.1	5:50	8:14	
29	Mon	7:10	5.3	7:34	6.5	1:15	-0.4	1:23	-0.3	5:51	8:13	
30	Tue	8:04	5.6	8:26	6.6	2:08	-0.7	2:20	-0.5	5:52	8:12	
31	Wed	8:57	5.8	9:18	6.5	3:00	-0.9	3:15	-0.5	5:53	8:11	