

Atlantic Highlands, NJ - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:50	5.9	10:11	6.3	3:49	-0.9	4:08	-0.4	5:53	8:10	
2	Fri	10:45	5.8	11:05	5.9	4:37	-0.8	4:59	-0.2	5:54	8:09	
3	Sat	11:41	5.7			5:24	-0.6	5:52	0.1	5:55	8:08	
4	Sun	12:01	5.6	12:36	5.6	6:12	-0.2	6:48	0.4	5:56	8:07	
5	Mon	12:56	5.2	1:29	5.4	7:04	0.1	7:50	0.7	5:57	8:06	
6	Tue	1:49	4.9	2:20	5.3	8:00	0.5	8:55	0.9	5:58	8:05	
7	Wed	2:42	4.6	3:12	5.1	8:58	0.7	9:56	0.9	5:59	8:03	
8	Thu	3:37	4.4	4:06	5.0	9:54	0.8	10:50	0.9	6:00	8:02	
9	Fri	4:34	4.3	5:01	5.1	10:46	0.8	11:39	0.8	6:01	8:01	
10	Sat	5:31	4.4	5:53	5.1	11:35	0.8			6:02	8:00	
11	Sun	6:22	4.6	6:39	5.3	12:24	0.6	12:20	0.7	6:03	7:58	
12	Mon	7:07	4.7	7:20	5.4	1:07	0.5	1:05	0.6	6:04	7:57	
13	Tue	7:49	4.9	7:58	5.4	1:49	0.4	1:49	0.5	6:05	7:56	
14	Wed	8:28	5.0	8:34	5.4	2:29	0.3	2:32	0.5	6:06	7:54	
15	Thu	9:06	5.0	9:09	5.3	3:07	0.2	3:13	0.5	6:07	7:53	
16	Fri	9:42	5.0	9:42	5.2	3:43	0.2	3:51	0.5	6:08	7:52	
17	Sat	10:17	5.0	10:16	5.0	4:16	0.3	4:28	0.6	6:09	7:50	
18	Sun	10:54	5.0	10:54	4.8	4:48	0.4	5:05	0.7	6:10	7:49	
19	Mon	11:35	5.0	11:39	4.7	5:19	0.5	5:46	0.9	6:11	7:47	
20	Tue			12:22	5.1	5:54	0.6	6:35	1.0	6:12	7:46	
21	Wed	12:32	4.6	1:14	5.2	6:39	0.7	7:41	1.0	6:13	7:44	
22	Thu	1:31	4.5	2:10	5.3	7:43	0.8	8:54	1.0	6:14	7:43	
23	Fri	2:32	4.5	3:11	5.4	8:59	0.8	10:03	0.7	6:15	7:41	
24	Sat	3:39	4.6	4:17	5.6	10:10	0.6	11:04	0.4	6:16	7:40	
25	Sun	4:50	4.8	5:24	5.9	11:13	0.3			6:17	7:38	
26	Mon	5:55	5.2	6:23	6.2	12:00	0.0	12:12	0.0	6:18	7:37	
27	Tue	6:53	5.6	7:17	6.4	12:53	-0.4	1:09	-0.3	6:19	7:35	
28	Wed	7:46	5.9	8:08	6.5	1:45	-0.6	2:04	-0.5	6:20	7:34	
29	Thu	8:36	6.1	8:58	6.4	2:36	-0.8	2:58	-0.5	6:21	7:32	
30	Fri	9:27	6.2	9:49	6.2	3:24	-0.8	3:50	-0.4	6:22	7:31	
31	Sat	10:18	6.1	10:41	5.8	4:11	-0.7	4:39	-0.2	6:22	7:29	