

Atlantic Highlands, NJ - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:30	4.8			5:02	1.0	5:56	0.9	6:26	4:52	
2	Sat	12:14	4.3	12:21	4.6	5:54	1.3	6:53	1.1	6:27	4:51	
3	Sun	1:05	4.3	1:11	4.5	6:57	1.4	7:51	1.1	6:28	4:50	
4	Mon	1:55	4.3	2:01	4.4	8:02	1.4	8:45	1.0	6:30	4:49	
5	Tue	2:46	4.4	2:54	4.4	9:01	1.2	9:33	0.8	6:31	4:48	
6	Wed	3:38	4.6	3:48	4.5	9:54	1.0	10:17	0.6	6:32	4:47	
7	Thu	4:27	4.9	4:39	4.6	10:41	0.7	10:59	0.4	6:33	4:46	
8	Fri	5:12	5.2	5:25	4.8	11:27	0.4	11:40	0.2	6:34	4:45	
9	Sat	5:52	5.5	6:08	4.9			12:13	0.2	6:35	4:44	
10	Sun	6:31	5.7	6:49	5.0	12:22	0.1	12:59	-0.1	6:37	4:43	
11	Mon	7:09	5.9	7:30	5.0	1:05	0.0	1:45	-0.2	6:38	4:42	
12	Tue	7:50	6.0	8:14	5.0	1:49	-0.1	2:31	-0.3	6:39	4:41	
13	Wed	8:35	5.9	9:03	4.9	2:33	-0.1	3:17	-0.3	6:40	4:40	
14	Thu	9:25	5.8	9:59	4.8	3:19	0.0	4:04	-0.2	6:41	4:39	
15	Fri	10:21	5.6	11:01	4.7	4:07	0.1	4:54	-0.1	6:42	4:38	
16	Sat	11:23	5.5			5:02	0.3	5:52	0.0	6:44	4:38	
17	Sun	12:03	4.8	12:25	5.3	6:09	0.5	6:56	0.1	6:45	4:37	
18	Mon	1:04	4.9	1:24	5.2	7:23	0.6	8:00	0.1	6:46	4:36	
19	Tue	2:03	5.0	2:24	5.1	8:33	0.5	8:59	-0.1	6:47	4:35	
20	Wed	3:03	5.2	3:26	5.0	9:36	0.3	9:54	-0.2	6:48	4:35	
21	Thu	4:03	5.4	4:26	5.0	10:33	0.0	10:44	-0.3	6:49	4:34	
22	Fri	4:58	5.6	5:21	5.1	11:25	-0.2	11:32	-0.4	6:50	4:34	
23	Sat	5:47	5.8	6:10	5.1			12:14	-0.3	6:51	4:33	
24	Sun	6:32	5.9	6:57	5.1	12:18	-0.3	1:03	-0.3	6:53	4:32	
25	Mon	7:14	5.8	7:41	4.9	1:04	-0.3	1:49	-0.3	6:54	4:32	
26	Tue	7:56	5.7	8:26	4.8	1:48	-0.1	2:33	-0.3	6:55	4:32	
27	Wed	8:37	5.4	9:11	4.6	2:30	0.1	3:14	-0.1	6:56	4:31	
28	Thu	9:19	5.2	9:58	4.4	3:10	0.3	3:53	0.1	6:57	4:31	
29	Fri	10:02	4.9	10:48	4.2	3:49	0.5	4:33	0.3	6:58	4:30	
30	Sat	10:49	4.6	11:38	4.1	4:29	0.7	5:14	0.5	6:59	4:30	