

Atlantic Highlands, NJ - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:02	3.9	6:02	0.4	6:03	0.4	6:29	5:47	
2	Sun	12:36	4.5	1:01	3.8	7:14	0.5	7:19	0.4	6:27	5:48	
3	Mon	1:36	4.6	2:06	3.9	8:28	0.4	8:38	0.3	6:26	5:49	
4	Tue	2:42	4.7	3:17	4.1	9:34	0.1	9:46	0.0	6:24	5:50	
5	Wed	3:52	5.0	4:26	4.4	10:33	-0.3	10:47	-0.4	6:23	5:52	
6	Thu	4:57	5.3	5:27	4.9	11:27	-0.7	11:44	-0.8	6:21	5:53	
7	Fri	5:53	5.6	6:20	5.3			12:20	-1.1	6:19	5:54	
8	Sat	6:45	5.9	7:11	5.6	12:40	-1.1	1:11	-1.3	6:18	5:55	
9	Sun	7:36	5.9	8:01	5.8	1:34	-1.2	2:00	-1.4	6:16	5:56	
10	Mon	8:26	5.8	8:51	5.8	2:26	-1.3	2:47	-1.4	6:15	5:57	
11	Tue	9:17	5.5	9:42	5.6	3:16	-1.2	3:33	-1.2	6:13	5:58	
12	Wed	10:09	5.2	10:34	5.3	4:04	-0.9	4:18	-0.8	6:11	5:59	
13	Thu	11:04	4.8	11:28	5.0	4:54	-0.5	5:05	-0.3	6:10	6:00	
14	Fri	11:59	4.5			5:49	-0.1	5:58	0.1	6:08	6:01	
15	Sat	12:22	4.7	12:53	4.2	6:50	0.3	6:57	0.5	6:07	6:02	
16	Sun	1:15	4.5	1:48	4.0	7:55	0.5	8:01	0.7	6:05	6:03	
17	Mon	2:09	4.3	2:44	3.9	8:57	0.5	9:02	0.7	6:03	6:05	
18	Tue	3:07	4.2	3:43	4.0	9:51	0.5	9:56	0.6	6:02	6:06	
19	Wed	4:05	4.3	4:39	4.1	10:38	0.3	10:45	0.4	6:00	6:07	
20	Thu	4:58	4.4	5:27	4.4	11:21	0.2	11:31	0.2	5:58	6:08	
21	Fri	5:44	4.6	6:09	4.6			12:02	0.0	5:57	6:09	
22	Sat	6:24	4.7	6:48	4.8	12:14	0.1	12:42	-0.1	5:55	6:10	
23	Sun	7:01	4.8	7:24	4.9	12:57	-0.1	1:21	-0.2	5:53	6:11	
24	Mon	7:36	4.8	7:58	5.0	1:38	-0.2	1:58	-0.2	5:52	6:12	
25	Tue	8:10	4.7	8:31	5.0	2:18	-0.2	2:33	-0.1	5:50	6:13	
26	Wed	8:44	4.6	9:03	4.9	2:56	-0.2	3:05	0.0	5:49	6:14	
27	Thu	9:19	4.4	9:39	4.9	3:32	-0.1	3:37	0.1	5:47	6:15	
28	Fri	10:00	4.3	10:21	4.9	4:09	0.0	4:10	0.2	5:45	6:16	
29	Sat	10:49	4.2	11:13	4.8	4:51	0.2	4:49	0.4	5:44	6:17	
30	Sun	11:47	4.1			5:43	0.3	5:42	0.5	5:42	6:18	
31	Mon	12:13	4.8	12:48	4.1	6:51	0.4	6:59	0.6	5:40	6:19	