

Atlantic Highlands, NJ - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:51	5.0	5:26	5.7	11:13	-0.2	11:58	0.0	5:27	8:20	
2	Mon	5:51	5.1	6:20	5.9			12:04	-0.2	5:27	8:20	
3	Tue	6:46	5.1	7:09	6.1	12:50	-0.1	12:54	-0.2	5:27	8:21	
4	Wed	7:36	5.2	7:55	6.1	1:42	-0.2	1:43	-0.1	5:26	8:22	
5	Thu	8:24	5.1	8:39	6.0	2:31	-0.3	2:31	0.0	5:26	8:22	
6	Fri	9:12	5.0	9:23	5.8	3:18	-0.3	3:16	0.2	5:26	8:23	
7	Sat	9:59	4.9	10:07	5.5	4:02	-0.2	4:00	0.4	5:25	8:24	
8	Sun	10:48	4.7	10:52	5.2	4:43	0.0	4:41	0.6	5:25	8:24	
9	Mon	11:37	4.6	11:39	5.0	5:23	0.2	5:23	0.8	5:25	8:25	
10	Tue			12:27	4.5	6:05	0.5	6:07	1.1	5:25	8:25	
11	Wed	12:27	4.7	1:15	4.5	6:49	0.7	6:58	1.3	5:25	8:26	
12	Thu	1:13	4.5	2:01	4.5	7:37	0.8	7:57	1.4	5:25	8:26	
13	Fri	1:59	4.4	2:46	4.6	8:30	0.9	8:59	1.4	5:25	8:27	
14	Sat	2:46	4.3	3:33	4.7	9:22	0.9	9:58	1.2	5:25	8:27	
15	Sun	3:37	4.2	4:22	4.9	10:11	0.8	10:51	1.0	5:25	8:28	
16	Mon	4:33	4.2	5:13	5.1	10:59	0.7	11:41	0.7	5:25	8:28	
17	Tue	5:30	4.3	6:01	5.4	11:44	0.5			5:25	8:28	
18	Wed	6:22	4.5	6:45	5.7	12:29	0.4	12:30	0.4	5:25	8:29	
19	Thu	7:09	4.7	7:29	5.9	1:17	0.1	1:17	0.3	5:25	8:29	
20	Fri	7:55	4.9	8:12	6.1	2:06	-0.1	2:06	0.1	5:25	8:29	
21	Sat	8:42	5.0	8:58	6.2	2:55	-0.3	2:56	0.0	5:26	8:29	
22	Sun	9:31	5.1	9:47	6.1	3:42	-0.5	3:45	0.0	5:26	8:30	
23	Mon	10:24	5.1	10:40	6.0	4:28	-0.5	4:35	0.0	5:26	8:30	
24	Tue	11:20	5.2	11:37	5.8	5:14	-0.5	5:26	0.2	5:26	8:30	
25	Wed			12:19	5.2	6:04	-0.4	6:24	0.3	5:27	8:30	
26	Thu	12:36	5.6	1:16	5.3	6:58	-0.2	7:29	0.5	5:27	8:30	
27	Fri	1:33	5.4	2:12	5.4	7:57	-0.1	8:38	0.6	5:27	8:30	
28	Sat	2:30	5.1	3:07	5.5	8:57	0.0	9:44	0.5	5:28	8:30	
29	Sun	3:28	4.9	4:05	5.5	9:55	0.1	10:45	0.4	5:28	8:30	
30	Mon	4:29	4.8	5:04	5.6	10:50	0.1	11:41	0.3	5:29	8:30	