

Atlantic Highlands, NJ - Aug 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:57	4.8	7:14	5.6	1:01	0.3	12:58	0.4	5:53	8:11	
2	Sat	7:42	4.9	7:56	5.6	1:46	0.2	1:44	0.4	5:54	8:10	
3	Sun	8:25	5.0	8:35	5.5	2:29	0.1	2:28	0.4	5:55	8:08	
4	Mon	9:06	5.0	9:13	5.4	3:09	0.1	3:10	0.5	5:56	8:07	
5	Tue	9:47	4.9	9:51	5.2	3:46	0.2	3:50	0.5	5:57	8:06	
6	Wed	10:27	4.9	10:28	5.0	4:21	0.3	4:28	0.7	5:58	8:05	
7	Thu	11:08	4.8	11:06	4.8	4:55	0.4	5:05	0.8	5:59	8:04	
8	Fri	11:50	4.7	11:46	4.6	5:27	0.6	5:44	1.0	6:00	8:02	
9	Sat			12:32	4.7	6:00	0.7	6:27	1.2	6:01	8:01	
10	Sun	12:30	4.4	1:14	4.7	6:37	0.9	7:22	1.3	6:02	8:00	
11	Mon	1:18	4.3	1:59	4.8	7:26	1.0	8:29	1.3	6:03	7:59	
12	Tue	2:09	4.2	2:48	5.0	8:29	1.1	9:35	1.1	6:04	7:57	
13	Wed	3:06	4.2	3:45	5.2	9:36	1.0	10:36	0.8	6:05	7:56	
14	Thu	4:11	4.3	4:47	5.4	10:38	0.7	11:31	0.5	6:06	7:55	
15	Fri	5:18	4.6	5:48	5.8	11:35	0.4			6:07	7:53	
16	Sat	6:18	5.0	6:43	6.1	12:24	0.1	12:31	0.1	6:08	7:52	
17	Sun	7:11	5.4	7:34	6.4	1:15	-0.3	1:26	-0.2	6:09	7:51	
18	Mon	8:02	5.7	8:24	6.5	2:06	-0.6	2:21	-0.4	6:10	7:49	
19	Tue	8:53	5.9	9:15	6.4	2:56	-0.8	3:15	-0.5	6:11	7:48	
20	Wed	9:45	6.0	10:07	6.2	3:45	-0.9	4:07	-0.5	6:12	7:46	
21	Thu	10:39	6.0	11:02	5.9	4:32	-0.8	4:58	-0.3	6:13	7:45	
22	Fri	11:35	5.9	11:59	5.6	5:19	-0.6	5:52	0.0	6:14	7:43	
23	Sat			12:32	5.8	6:09	-0.2	6:51	0.3	6:15	7:42	
24	Sun	12:57	5.3	1:28	5.6	7:04	0.2	7:55	0.6	6:15	7:40	
25	Mon	1:54	5.0	2:23	5.4	8:05	0.5	9:02	0.8	6:16	7:39	
26	Tue	2:50	4.7	3:19	5.3	9:07	0.7	10:05	0.8	6:17	7:37	
27	Wed	3:48	4.6	4:17	5.2	10:07	0.8	11:01	0.7	6:18	7:36	
28	Thu	4:49	4.6	5:14	5.2	11:01	0.8	11:50	0.6	6:19	7:34	
29	Fri	5:45	4.7	6:06	5.3	11:50	0.7			6:20	7:33	
30	Sat	6:35	4.9	6:51	5.4	12:35	0.5	12:36	0.6	6:21	7:31	
31	Sun	7:18	5.0	7:32	5.4	1:17	0.4	1:20	0.5	6:22	7:29	