

Atlantic Highlands, NJ - Jan 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:11	5.5	9:44	4.6	3:08	-0.5	3:48	-0.8	7:19	4:40	
2	Fri	10:04	5.3	10:41	4.6	3:55	-0.4	4:34	-0.8	7:19	4:41	
3	Sat	11:00	5.1	11:39	4.7	4:47	-0.2	5:24	-0.6	7:19	4:42	
4	Sun	11:59	4.9			5:47	0.0	6:21	-0.5	7:19	4:42	
5	Mon	12:37	4.7	12:57	4.7	6:56	0.1	7:22	-0.4	7:19	4:43	
6	Tue	1:34	4.8	1:56	4.5	8:08	0.1	8:25	-0.4	7:19	4:44	
7	Wed	2:33	4.9	2:58	4.3	9:14	0.0	9:24	-0.4	7:19	4:45	
8	Thu	3:35	5.0	4:02	4.3	10:14	-0.2	10:19	-0.5	7:19	4:46	
9	Fri	4:35	5.1	5:03	4.4	11:09	-0.4	11:12	-0.5	7:18	4:47	
10	Sat	5:30	5.3	5:56	4.5			12:01	-0.5	7:18	4:48	
11	Sun	6:18	5.3	6:45	4.6	12:02	-0.5	12:51	-0.6	7:18	4:49	
12	Mon	7:03	5.3	7:31	4.6	12:50	-0.5	1:38	-0.7	7:18	4:50	
13	Tue	7:46	5.3	8:16	4.5	1:37	-0.5	2:21	-0.7	7:17	4:51	
14	Wed	8:27	5.1	9:00	4.4	2:21	-0.4	3:02	-0.6	7:17	4:52	
15	Thu	9:09	4.9	9:44	4.3	3:02	-0.2	3:39	-0.5	7:17	4:54	
16	Fri	9:51	4.6	10:30	4.2	3:42	0.0	4:16	-0.3	7:16	4:55	
17	Sat	10:34	4.3	11:16	4.1	4:21	0.2	4:52	0.0	7:16	4:56	
18	Sun	11:18	4.1			5:02	0.4	5:31	0.2	7:15	4:57	
19	Mon	12:01	4.0	12:03	3.8	5:50	0.6	6:15	0.4	7:15	4:58	
20	Tue	12:46	4.0	12:49	3.7	6:48	0.8	7:08	0.5	7:14	4:59	
21	Wed	1:30	4.0	1:37	3.5	7:53	0.8	8:06	0.5	7:14	5:00	
22	Thu	2:19	4.1	2:31	3.5	8:56	0.7	9:03	0.4	7:13	5:02	
23	Fri	3:12	4.2	3:33	3.5	9:52	0.4	9:56	0.2	7:12	5:03	
24	Sat	4:09	4.5	4:34	3.7	10:44	0.1	10:47	0.0	7:12	5:04	
25	Sun	5:02	4.8	5:27	4.0	11:34	-0.2	11:36	-0.3	7:11	5:05	
26	Mon	5:50	5.1	6:15	4.3			12:22	-0.6	7:10	5:06	
27	Tue	6:36	5.4	7:01	4.6	12:26	-0.5	1:11	-0.9	7:09	5:08	
28	Wed	7:22	5.6	7:48	4.8	1:16	-0.7	1:58	-1.1	7:08	5:09	
29	Thu	8:08	5.7	8:36	4.9	2:07	-0.9	2:44	-1.2	7:08	5:10	
30	Fri	8:57	5.6	9:27	5.0	2:56	-1.0	3:28	-1.3	7:07	5:11	
31	Sat	9:50	5.4	10:22	5.0	3:45	-0.9	4:14	-1.2	7:06	5:12	