

Atlantic Highlands, NJ - Mar 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:33	5.5	10:00	5.5	3:31	-1.1	3:52	-1.2	6:29	5:47	
2	Mon	10:28	5.2	10:56	5.3	4:22	-0.9	4:39	-0.9	6:28	5:48	
3	Tue	11:25	4.8	11:54	5.1	5:16	-0.5	5:31	-0.6	6:26	5:49	
4	Wed			12:24	4.5	6:18	-0.2	6:31	-0.2	6:25	5:50	
5	Thu	12:51	4.9	1:21	4.3	7:26	0.1	7:36	0.1	6:23	5:51	
6	Fri	1:48	4.7	2:21	4.1	8:34	0.2	8:42	0.2	6:21	5:52	
7	Sat	2:49	4.5	3:24	4.0	9:36	0.1	9:42	0.2	6:20	5:54	
8	Sun	3:52	4.5	4:26	4.1	10:31	0.0	10:36	0.1	6:18	5:55	
9	Mon	4:50	4.6	5:19	4.3	11:19	-0.1	11:25	0.0	6:17	5:56	
10	Tue	5:40	4.7	6:05	4.5			12:03	-0.2	6:15	5:57	
11	Wed	6:22	4.8	6:46	4.7	12:10	-0.1	12:45	-0.3	6:13	5:58	
12	Thu	7:01	4.9	7:25	4.8	12:54	-0.2	1:24	-0.3	6:12	5:59	
13	Fri	7:39	4.8	8:02	4.9	1:36	-0.2	2:01	-0.3	6:10	6:00	
14	Sat	8:15	4.7	8:38	4.8	2:16	-0.2	2:36	-0.2	6:09	6:01	
15	Sun	8:50	4.6	9:13	4.7	2:53	-0.2	3:09	-0.1	6:07	6:02	
16	Mon	9:25	4.4	9:48	4.6	3:29	-0.1	3:40	0.1	6:05	6:03	
17	Tue	10:01	4.2	10:24	4.5	4:04	0.1	4:09	0.3	6:04	6:04	
18	Wed	10:40	4.0	11:04	4.4	4:40	0.3	4:40	0.5	6:02	6:05	
19	Thu	11:26	3.8	11:50	4.4	5:21	0.5	5:16	0.6	6:00	6:06	
20	Fri			12:18	3.8	6:16	0.7	6:10	0.8	5:59	6:07	
21	Sat	12:43	4.4	1:15	3.8	7:27	0.7	7:30	0.8	5:57	6:08	
22	Sun	1:41	4.5	2:17	3.9	8:37	0.6	8:47	0.6	5:56	6:10	
23	Mon	2:46	4.6	3:24	4.1	9:38	0.3	9:52	0.3	5:54	6:11	
24	Tue	3:55	4.9	4:29	4.5	10:33	-0.1	10:51	-0.1	5:52	6:12	
25	Wed	4:57	5.2	5:26	5.0	11:25	-0.5	11:46	-0.5	5:51	6:13	
26	Thu	5:52	5.6	6:17	5.5			12:15	-0.8	5:49	6:14	
27	Fri	6:42	5.8	7:07	5.9	12:40	-0.9	1:05	-1.1	5:47	6:15	
28	Sat	7:32	5.9	7:56	6.1	1:34	-1.1	1:55	-1.2	5:46	6:16	
29	Sun	8:23	5.8	8:46	6.1	2:26	-1.2	2:42	-1.2	5:44	6:17	
30	Mon	9:15	5.6	9:38	5.9	3:16	-1.1	3:29	-1.0	5:42	6:18	
31	Tue	10:10	5.3	10:33	5.6	4:06	-0.9	4:17	-0.7	5:41	6:19	