

Atlantic Highlands, NJ - Jan 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:34	5.9	7:04	4.9	12:19	-0.9	1:11	-1.0	7:19	4:40	
2	Sat	7:23	5.9	7:55	4.9	1:12	-0.9	2:02	-1.0	7:19	4:40	
3	Sun	8:12	5.7	8:46	4.8	2:04	-0.8	2:50	-1.0	7:19	4:41	
4	Mon	9:01	5.5	9:37	4.7	2:52	-0.6	3:35	-0.9	7:19	4:42	
5	Tue	9:50	5.1	10:29	4.5	3:39	-0.4	4:19	-0.6	7:19	4:43	
6	Wed	10:40	4.8	11:21	4.3	4:24	-0.1	5:03	-0.3	7:19	4:44	
7	Thu	11:30	4.5			5:12	0.3	5:50	0.0	7:19	4:45	
8	Fri	12:11	4.2	12:19	4.2	6:05	0.5	6:40	0.2	7:19	4:46	
9	Sat	12:59	4.2	1:07	3.9	7:04	0.7	7:32	0.4	7:18	4:47	
10	Sun	1:46	4.1	1:55	3.7	8:06	0.8	8:25	0.4	7:18	4:48	
11	Mon	2:35	4.2	2:48	3.6	9:04	0.7	9:16	0.4	7:18	4:49	
12	Tue	3:27	4.2	3:45	3.6	9:57	0.5	10:03	0.3	7:18	4:50	
13	Wed	4:20	4.4	4:41	3.7	10:46	0.3	10:49	0.2	7:17	4:51	
14	Thu	5:08	4.6	5:30	3.8	11:32	0.0	11:33	0.1	7:17	4:52	
15	Fri	5:52	4.8	6:14	4.0			12:17	-0.2	7:17	4:53	
16	Sat	6:32	5.0	6:55	4.1	12:17	-0.1	1:02	-0.4	7:16	4:54	
17	Sun	7:10	5.1	7:34	4.2	1:02	-0.2	1:45	-0.5	7:16	4:56	
18	Mon	7:48	5.2	8:13	4.3	1:45	-0.3	2:27	-0.7	7:15	4:57	
19	Tue	8:27	5.2	8:55	4.3	2:28	-0.3	3:06	-0.7	7:15	4:58	
20	Wed	9:10	5.1	9:40	4.4	3:10	-0.4	3:46	-0.7	7:14	4:59	
21	Thu	9:57	5.0	10:31	4.5	3:53	-0.3	4:26	-0.7	7:14	5:00	
22	Fri	10:50	4.8	11:25	4.5	4:40	-0.2	5:11	-0.5	7:13	5:01	
23	Sat	11:47	4.6			5:36	0.0	6:03	-0.4	7:12	5:03	
24	Sun	12:22	4.6	12:45	4.4	6:45	0.1	7:05	-0.3	7:12	5:04	
25	Mon	1:19	4.7	1:45	4.2	7:59	0.1	8:11	-0.3	7:11	5:05	
26	Tue	2:20	4.8	2:49	4.1	9:08	0.0	9:15	-0.4	7:10	5:06	
27	Wed	3:25	4.9	3:58	4.2	10:11	-0.2	10:15	-0.5	7:09	5:07	
28	Thu	4:30	5.1	5:02	4.3	11:08	-0.5	11:11	-0.6	7:09	5:09	
29	Fri	5:28	5.3	5:58	4.5			12:02	-0.7	7:08	5:10	
30	Sat	6:20	5.4	6:49	4.7	12:05	-0.7	12:54	-0.9	7:07	5:11	
31	Sun	7:08	5.5	7:37	4.8	12:57	-0.8	1:43	-1.0	7:06	5:12	