

Atlantic Highlands, NJ - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:07	5.0	11:21	5.3	5:05	0.0	5:18	0.5	5:53	8:11	
2	Mon	11:58	5.1			5:45	0.1	6:08	0.7	5:54	8:10	
3	Tue	12:15	5.1	12:52	5.3	6:31	0.2	7:09	0.8	5:55	8:09	
4	Wed	1:12	5.0	1:46	5.4	7:26	0.3	8:21	0.8	5:56	8:08	
5	Thu	2:10	4.8	2:43	5.5	8:30	0.3	9:32	0.7	5:57	8:07	
6	Fri	3:11	4.8	3:45	5.6	9:35	0.3	10:37	0.5	5:58	8:06	
7	Sat	4:18	4.7	4:50	5.8	10:38	0.2	11:36	0.2	5:59	8:04	
8	Sun	5:25	4.9	5:53	6.0	11:37	0.1			5:59	8:03	
9	Mon	6:27	5.1	6:50	6.1	12:32	-0.1	12:34	-0.1	6:00	8:02	
10	Tue	7:22	5.3	7:41	6.2	1:25	-0.3	1:28	-0.1	6:01	8:01	
11	Wed	8:13	5.5	8:29	6.2	2:16	-0.4	2:22	-0.1	6:02	7:59	
12	Thu	9:02	5.5	9:16	6.0	3:05	-0.4	3:12	-0.1	6:03	7:58	
13	Fri	9:50	5.5	10:03	5.7	3:50	-0.4	3:59	0.1	6:04	7:57	
14	Sat	10:38	5.4	10:50	5.4	4:32	-0.2	4:43	0.3	6:05	7:55	
15	Sun	11:26	5.2	11:37	5.1	5:11	0.0	5:27	0.6	6:06	7:54	
16	Mon			12:15	5.1	5:51	0.4	6:13	0.9	6:07	7:53	
17	Tue	12:26	4.8	1:02	5.0	6:32	0.7	7:04	1.1	6:08	7:51	
18	Wed	1:14	4.5	1:48	4.9	7:19	1.0	8:02	1.3	6:09	7:50	
19	Thu	2:02	4.3	2:34	4.8	8:12	1.2	9:04	1.3	6:10	7:48	
20	Fri	2:51	4.1	3:23	4.8	9:09	1.2	10:02	1.2	6:11	7:47	
21	Sat	3:46	4.1	4:17	4.9	10:05	1.2	10:55	1.1	6:12	7:46	
22	Sun	4:45	4.1	5:12	5.0	10:57	1.1	11:43	0.8	6:13	7:44	
23	Mon	5:41	4.3	6:02	5.2	11:46	0.9			6:14	7:43	
24	Tue	6:30	4.5	6:47	5.5	12:29	0.6	12:33	0.7	6:15	7:41	
25	Wed	7:13	4.8	7:28	5.7	1:13	0.3	1:19	0.6	6:16	7:40	
26	Thu	7:53	5.0	8:07	5.8	1:57	0.1	2:05	0.4	6:17	7:38	
27	Fri	8:32	5.2	8:47	5.8	2:39	0.0	2:50	0.2	6:18	7:36	
28	Sat	9:12	5.4	9:29	5.8	3:20	-0.2	3:35	0.2	6:19	7:35	
29	Sun	9:54	5.5	10:14	5.6	4:00	-0.2	4:19	0.2	6:20	7:33	
30	Mon	10:41	5.6	11:04	5.4	4:40	-0.2	5:05	0.2	6:21	7:32	
31	Tue	11:33	5.6			5:21	0.0	5:56	0.4	6:22	7:30	