

Atlantic Highlands, NJ - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:51	5.3	8:09	6.6	2:00	-0.4	1:59	-0.4	5:29	8:30	
2	Sun	8:46	5.4	9:02	6.5	2:55	-0.7	2:55	-0.4	5:30	8:30	
3	Mon	9:41	5.4	9:57	6.4	3:47	-0.7	3:49	-0.3	5:30	8:29	
4	Tue	10:39	5.4	10:53	6.1	4:37	-0.7	4:42	-0.2	5:31	8:29	
5	Wed	11:37	5.4	11:50	5.8	5:26	-0.6	5:36	0.1	5:32	8:29	
6	Thu			12:35	5.3	6:17	-0.3	6:32	0.4	5:32	8:29	
7	Fri	12:47	5.4	1:30	5.3	7:12	0.0	7:35	0.7	5:33	8:28	
8	Sat	1:41	5.1	2:21	5.3	8:08	0.2	8:39	0.8	5:34	8:28	
9	Sun	2:32	4.8	3:12	5.2	9:03	0.4	9:41	0.9	5:34	8:28	
10	Mon	3:25	4.5	4:04	5.2	9:56	0.5	10:37	0.8	5:35	8:27	
11	Tue	4:21	4.3	4:57	5.2	10:44	0.6	11:27	0.7	5:36	8:27	
12	Wed	5:18	4.3	5:47	5.3	11:30	0.7			5:36	8:26	
13	Thu	6:10	4.3	6:33	5.4	12:14	0.6	12:13	0.7	5:37	8:26	
14	Fri	6:57	4.4	7:15	5.5	12:59	0.5	12:57	0.7	5:38	8:25	
15	Sat	7:40	4.5	7:55	5.5	1:43	0.4	1:41	0.7	5:39	8:25	
16	Sun	8:21	4.5	8:33	5.5	2:26	0.3	2:24	0.7	5:39	8:24	
17	Mon	9:01	4.5	9:10	5.4	3:07	0.2	3:06	0.7	5:40	8:23	
18	Tue	9:41	4.5	9:46	5.3	3:46	0.2	3:45	0.8	5:41	8:23	
19	Wed	10:20	4.5	10:22	5.2	4:22	0.2	4:23	0.8	5:42	8:22	
20	Thu	10:59	4.5	11:01	5.0	4:56	0.3	4:59	0.9	5:43	8:21	
21	Fri	11:40	4.5	11:44	4.9	5:30	0.4	5:37	1.0	5:44	8:21	
22	Sat			12:24	4.7	6:06	0.5	6:23	1.1	5:44	8:20	
23	Sun	12:33	4.8	1:11	4.8	6:48	0.5	7:24	1.2	5:45	8:19	
24	Mon	1:25	4.7	2:00	5.1	7:41	0.6	8:37	1.1	5:46	8:18	
25	Tue	2:21	4.6	2:54	5.3	8:43	0.5	9:48	0.9	5:47	8:17	
26	Wed	3:22	4.6	3:55	5.5	9:47	0.4	10:52	0.6	5:48	8:16	
27	Thu	4:30	4.6	5:01	5.8	10:49	0.2	11:50	0.2	5:49	8:15	
28	Fri	5:38	4.8	6:04	6.1	11:48	0.0			5:50	8:14	
29	Sat	6:39	5.1	7:01	6.4	12:47	-0.1	12:46	-0.2	5:51	8:13	
30	Sun	7:36	5.4	7:55	6.5	1:42	-0.4	1:43	-0.3	5:52	8:12	
31	Mon	8:30	5.6	8:47	6.5	2:36	-0.6	2:40	-0.4	5:53	8:11	