

Atlantic Highlands, NJ - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:23	5.7	9:39	6.3	3:27	-0.7	3:34	-0.4	5:54	8:10	
2	Wed	10:17	5.7	10:32	6.0	4:15	-0.7	4:25	-0.2	5:54	8:09	
3	Thu	11:12	5.6	11:26	5.7	5:01	-0.6	5:15	0.0	5:55	8:08	
4	Fri			12:06	5.5	5:48	-0.3	6:07	0.4	5:56	8:07	
5	Sat	12:19	5.3	12:59	5.4	6:36	0.1	7:03	0.7	5:57	8:06	
6	Sun	1:12	4.9	1:49	5.2	7:27	0.4	8:04	0.9	5:58	8:05	
7	Mon	2:03	4.6	2:38	5.1	8:22	0.7	9:07	1.1	5:59	8:03	
8	Tue	2:54	4.4	3:28	5.0	9:17	0.9	10:05	1.1	6:00	8:02	
9	Wed	3:48	4.2	4:21	5.0	10:10	1.0	10:58	1.0	6:01	8:01	
10	Thu	4:46	4.1	5:15	5.1	10:59	1.0	11:45	0.8	6:02	8:00	
11	Fri	5:42	4.2	6:05	5.2	11:46	0.9			6:03	7:58	
12	Sat	6:32	4.4	6:50	5.3	12:30	0.6	12:31	0.8	6:04	7:57	
13	Sun	7:16	4.6	7:31	5.5	1:14	0.5	1:16	0.7	6:05	7:56	
14	Mon	7:56	4.7	8:09	5.5	1:57	0.4	2:00	0.7	6:06	7:54	
15	Tue	8:34	4.8	8:45	5.5	2:38	0.2	2:43	0.6	6:07	7:53	
16	Wed	9:11	4.8	9:20	5.4	3:16	0.2	3:23	0.6	6:08	7:52	
17	Thu	9:46	4.9	9:55	5.3	3:52	0.2	4:02	0.6	6:09	7:50	
18	Fri	10:22	4.9	10:33	5.1	4:26	0.2	4:39	0.7	6:10	7:49	
19	Sat	11:01	5.0	11:17	5.0	5:00	0.3	5:18	0.8	6:11	7:47	
20	Sun	11:46	5.1			5:34	0.4	6:03	0.9	6:12	7:46	
21	Mon	12:08	4.8	12:38	5.2	6:15	0.5	7:01	1.0	6:13	7:44	
22	Tue	1:04	4.7	1:33	5.3	7:07	0.6	8:14	1.0	6:14	7:43	
23	Wed	2:03	4.6	2:31	5.4	8:14	0.7	9:28	0.9	6:15	7:41	
24	Thu	3:06	4.6	3:35	5.5	9:26	0.6	10:35	0.6	6:16	7:40	
25	Fri	4:15	4.6	4:43	5.7	10:34	0.4	11:34	0.3	6:17	7:38	
26	Sat	5:24	4.9	5:49	6.0	11:35	0.2			6:18	7:37	
27	Sun	6:25	5.2	6:47	6.2	12:29	-0.1	12:33	-0.1	6:19	7:35	
28	Mon	7:20	5.6	7:40	6.3	1:22	-0.3	1:30	-0.3	6:20	7:34	
29	Tue	8:12	5.8	8:29	6.3	2:14	-0.5	2:24	-0.3	6:21	7:32	
30	Wed	9:02	5.9	9:18	6.2	3:03	-0.6	3:16	-0.3	6:22	7:31	
31	Thu	9:51	5.9	10:07	5.9	3:49	-0.6	4:05	-0.2	6:23	7:29	