

Atlantic Highlands, NJ - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:53	4.6	5:29	5.6	11:14	0.2	11:58	0.4	5:29	8:30	
2	Mon	5:51	4.6	6:20	5.7			12:02	0.3	5:30	8:30	
3	Tue	6:43	4.6	7:05	5.7	12:47	0.3	12:48	0.4	5:30	8:29	
4	Wed	7:30	4.6	7:48	5.7	1:34	0.2	1:33	0.5	5:31	8:29	
5	Thu	8:14	4.6	8:29	5.7	2:20	0.2	2:18	0.5	5:31	8:29	
6	Fri	8:57	4.6	9:09	5.5	3:03	0.2	3:02	0.6	5:32	8:29	
7	Sat	9:40	4.5	9:49	5.3	3:44	0.2	3:43	0.7	5:33	8:28	
8	Sun	10:24	4.5	10:30	5.1	4:22	0.2	4:22	0.9	5:33	8:28	
9	Mon	11:08	4.4	11:12	4.9	4:58	0.4	5:00	1.0	5:34	8:28	
10	Tue	11:53	4.4	11:55	4.7	5:34	0.5	5:39	1.2	5:35	8:27	
11	Wed			12:37	4.4	6:10	0.6	6:22	1.3	5:35	8:27	
12	Thu	12:38	4.6	1:19	4.5	6:50	0.7	7:16	1.5	5:36	8:26	
13	Fri	1:23	4.4	2:00	4.6	7:36	0.8	8:21	1.5	5:37	8:26	
14	Sat	2:09	4.3	2:43	4.8	8:29	0.8	9:27	1.3	5:38	8:25	
15	Sun	3:00	4.3	3:32	5.0	9:25	0.8	10:27	1.0	5:38	8:25	
16	Mon	4:00	4.2	4:29	5.3	10:20	0.6	11:23	0.7	5:39	8:24	
17	Tue	5:04	4.3	5:29	5.6	11:15	0.5			5:40	8:24	
18	Wed	6:06	4.6	6:24	5.9	12:17	0.4	12:09	0.2	5:41	8:23	
19	Thu	7:01	4.8	7:17	6.2	1:10	0.0	1:03	0.0	5:42	8:22	
20	Fri	7:53	5.1	8:08	6.4	2:03	-0.3	1:59	-0.1	5:42	8:22	
21	Sat	8:46	5.3	9:00	6.4	2:55	-0.5	2:55	-0.3	5:43	8:21	
22	Sun	9:40	5.4	9:54	6.3	3:45	-0.7	3:49	-0.3	5:44	8:20	
23	Mon	10:35	5.5	10:49	6.1	4:34	-0.7	4:41	-0.2	5:45	8:19	
24	Tue	11:33	5.5	11:46	5.8	5:21	-0.6	5:35	0.0	5:46	8:18	
25	Wed			12:30	5.6	6:11	-0.4	6:32	0.3	5:47	8:17	
26	Thu	12:43	5.4	1:25	5.5	7:04	-0.1	7:35	0.5	5:48	8:17	
27	Fri	1:38	5.1	2:18	5.5	8:01	0.2	8:42	0.7	5:49	8:16	
28	Sat	2:32	4.8	3:11	5.4	9:00	0.4	9:46	0.7	5:50	8:15	
29	Sun	3:28	4.5	4:06	5.3	9:56	0.5	10:44	0.7	5:51	8:14	
30	Mon	4:28	4.4	5:03	5.3	10:49	0.6	11:37	0.6	5:51	8:13	
31	Tue	5:28	4.3	5:56	5.4	11:38	0.7			5:52	8:12	