

Atlantic Highlands, NJ - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:03	5.7	6:29	4.5			12:35	-0.6	7:19	4:40	
2	Thu	6:52	5.7	7:19	4.5	12:38	-0.5	1:27	-0.7	7:19	4:40	
3	Fri	7:40	5.6	8:09	4.5	1:30	-0.5	2:16	-0.8	7:19	4:41	
4	Sat	8:27	5.4	8:58	4.4	2:19	-0.4	3:01	-0.7	7:19	4:42	
5	Sun	9:14	5.2	9:48	4.2	3:05	-0.2	3:44	-0.5	7:19	4:43	
6	Mon	10:02	4.9	10:38	4.1	3:49	0.0	4:25	-0.3	7:19	4:44	
7	Tue	10:50	4.5	11:27	4.0	4:32	0.3	5:06	-0.1	7:19	4:45	
8	Wed	11:38	4.2			5:18	0.6	5:48	0.1	7:19	4:46	
9	Thu	12:15	4.0	12:25	4.0	6:12	0.8	6:35	0.3	7:18	4:47	
10	Fri	1:00	4.0	1:12	3.8	7:14	0.9	7:26	0.4	7:18	4:48	
11	Sat	1:45	4.0	2:00	3.6	8:16	0.9	8:18	0.5	7:18	4:49	
12	Sun	2:32	4.1	2:54	3.5	9:15	0.8	9:09	0.4	7:18	4:50	
13	Mon	3:24	4.2	3:52	3.5	10:07	0.6	9:58	0.4	7:17	4:51	
14	Tue	4:17	4.3	4:48	3.6	10:56	0.3	10:45	0.2	7:17	4:52	
15	Wed	5:06	4.6	5:38	3.7	11:43	0.1	11:31	0.1	7:17	4:53	
16	Thu	5:50	4.8	6:23	3.9			12:29	-0.2	7:16	4:54	
17	Fri	6:31	5.1	7:05	4.1	12:18	-0.1	1:15	-0.4	7:16	4:56	
18	Sat	7:12	5.2	7:47	4.2	1:04	-0.2	2:00	-0.6	7:15	4:57	
19	Sun	7:53	5.3	8:30	4.3	1:51	-0.4	2:42	-0.7	7:15	4:58	
20	Mon	8:37	5.3	9:16	4.4	2:37	-0.5	3:23	-0.8	7:14	4:59	
21	Tue	9:24	5.2	10:06	4.5	3:22	-0.5	4:04	-0.7	7:14	5:00	
22	Wed	10:15	5.0	11:00	4.6	4:09	-0.4	4:46	-0.7	7:13	5:01	
23	Thu	11:10	4.7	11:55	4.7	5:01	-0.2	5:34	-0.5	7:12	5:03	
24	Fri			12:07	4.5	6:02	0.0	6:30	-0.3	7:12	5:04	
25	Sat	12:51	4.8	1:05	4.2	7:13	0.1	7:32	-0.2	7:11	5:05	
26	Sun	1:47	4.8	2:06	4.0	8:25	0.1	8:37	-0.1	7:10	5:06	
27	Mon	2:48	4.8	3:13	3.8	9:32	0.0	9:39	-0.2	7:09	5:07	
28	Tue	3:53	4.9	4:22	3.9	10:32	-0.2	10:37	-0.2	7:09	5:09	
29	Wed	4:55	5.0	5:24	4.0	11:28	-0.4	11:32	-0.3	7:08	5:10	
30	Thu	5:50	5.2	6:17	4.2			12:20	-0.5	7:07	5:11	
31	Fri	6:39	5.3	7:06	4.3	12:24	-0.4	1:09	-0.6	7:06	5:12	