

Atlantic Highlands, NJ - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:43	5.0	10:46	5.5	4:42	-0.1	4:48	0.3	5:53	8:11	
2	Sat	11:33	5.2	11:38	5.3	5:21	0.0	5:36	0.4	5:54	8:10	
3	Sun			12:25	5.3	6:04	0.1	6:31	0.6	5:55	8:09	
4	Mon	12:34	5.1	1:19	5.4	6:52	0.2	7:36	0.7	5:56	8:08	
5	Tue	1:31	4.8	2:14	5.5	7:51	0.4	8:47	0.8	5:57	8:07	
6	Wed	2:30	4.6	3:11	5.6	8:56	0.5	9:57	0.7	5:58	8:05	
7	Thu	3:33	4.5	4:14	5.6	10:01	0.5	11:00	0.5	5:59	8:04	
8	Fri	4:42	4.5	5:19	5.7	11:02	0.4	11:57	0.3	6:00	8:03	
9	Sat	5:50	4.6	6:19	5.9			12:00	0.3	6:00	8:02	
10	Sun	6:49	4.8	7:12	6.0	12:52	0.1	12:56	0.3	6:01	8:01	
11	Mon	7:41	5.0	8:00	6.0	1:43	-0.1	1:49	0.2	6:02	7:59	
12	Tue	8:29	5.1	8:46	5.9	2:32	-0.1	2:40	0.2	6:03	7:58	
13	Wed	9:15	5.2	9:31	5.7	3:17	-0.2	3:27	0.3	6:04	7:57	
14	Thu	10:00	5.1	10:14	5.5	3:58	-0.1	4:11	0.4	6:05	7:55	
15	Fri	10:45	5.1	10:59	5.2	4:36	0.1	4:52	0.6	6:06	7:54	
16	Sat	11:30	5.0	11:44	4.8	5:12	0.3	5:34	0.9	6:07	7:53	
17	Sun			12:15	4.9	5:47	0.5	6:18	1.1	6:08	7:51	
18	Mon	12:31	4.5	12:59	4.8	6:24	0.8	7:09	1.3	6:09	7:50	
19	Tue	1:18	4.3	1:42	4.7	7:06	1.1	8:10	1.5	6:10	7:48	
20	Wed	2:05	4.1	2:26	4.7	7:58	1.3	9:14	1.5	6:11	7:47	
21	Thu	2:56	3.9	3:15	4.7	8:59	1.3	10:14	1.4	6:12	7:45	
22	Fri	3:53	3.9	4:11	4.8	9:59	1.3	11:08	1.1	6:13	7:44	
23	Sat	4:54	4.0	5:09	5.0	10:54	1.2	11:56	0.9	6:14	7:43	
24	Sun	5:51	4.2	6:02	5.2	11:45	1.0			6:15	7:41	
25	Mon	6:40	4.5	6:49	5.5	12:42	0.6	12:34	0.7	6:16	7:40	
26	Tue	7:24	4.8	7:31	5.8	1:27	0.3	1:23	0.5	6:17	7:38	
27	Wed	8:05	5.1	8:13	5.9	2:11	0.1	2:11	0.3	6:18	7:36	
28	Thu	8:47	5.3	8:55	5.9	2:54	-0.1	2:59	0.1	6:19	7:35	
29	Fri	9:30	5.5	9:40	5.8	3:35	-0.2	3:47	0.0	6:20	7:33	
30	Sat	10:16	5.7	10:28	5.6	4:15	-0.3	4:34	0.0	6:21	7:32	
31	Sun	11:06	5.7	11:21	5.3	4:55	-0.2	5:22	0.2	6:22	7:30	