

Atlantic Highlands, NJ - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:40	4.3	2:58	3.7	9:18	0.7	9:17	0.3	7:19	4:39	
2	Fri	3:31	4.4	3:54	3.7	10:09	0.5	10:02	0.3	7:19	4:40	
3	Sat	4:22	4.5	4:48	3.7	10:56	0.4	10:46	0.3	7:19	4:41	
4	Sun	5:09	4.6	5:36	3.8	11:41	0.2	11:29	0.2	7:19	4:42	
5	Mon	5:52	4.8	6:20	3.9			12:25	0.0	7:19	4:43	
6	Tue	6:31	4.9	7:01	3.9	12:12	0.2	1:09	-0.1	7:19	4:44	
7	Wed	7:08	4.9	7:41	3.9	12:56	0.1	1:51	-0.2	7:19	4:45	
8	Thu	7:43	4.9	8:20	3.9	1:38	0.1	2:31	-0.2	7:19	4:46	
9	Fri	8:18	4.9	8:58	3.9	2:19	0.1	3:08	-0.3	7:19	4:47	
10	Sat	8:55	4.8	9:39	3.9	2:58	0.1	3:44	-0.3	7:18	4:48	
11	Sun	9:34	4.7	10:23	4.0	3:36	0.1	4:19	-0.2	7:18	4:49	
12	Mon	10:20	4.6	11:11	4.1	4:17	0.2	4:56	-0.1	7:18	4:50	
13	Tue	11:12	4.4			5:05	0.3	5:39	-0.1	7:18	4:51	
14	Wed	12:03	4.3	12:08	4.2	6:05	0.4	6:32	0.0	7:17	4:52	
15	Thu	12:56	4.5	1:06	4.1	7:19	0.4	7:36	0.0	7:17	4:53	
16	Fri	1:52	4.7	2:08	3.9	8:34	0.3	8:42	-0.1	7:16	4:54	
17	Sat	2:54	4.9	3:18	3.9	9:42	0.0	9:45	-0.2	7:16	4:55	
18	Sun	4:01	5.1	4:30	4.0	10:43	-0.3	10:45	-0.4	7:15	4:56	
19	Mon	5:05	5.4	5:33	4.2	11:40	-0.6	11:43	-0.6	7:15	4:58	
20	Tue	6:02	5.6	6:30	4.4			12:36	-0.8	7:14	4:59	
21	Wed	6:54	5.7	7:23	4.6	12:39	-0.7	1:29	-1.0	7:14	5:00	
22	Thu	7:44	5.7	8:14	4.7	1:34	-0.8	2:18	-1.1	7:13	5:01	
23	Fri	8:33	5.6	9:04	4.7	2:26	-0.7	3:04	-1.1	7:13	5:02	
24	Sat	9:22	5.3	9:54	4.6	3:14	-0.6	3:47	-0.9	7:12	5:03	
25	Sun	10:11	5.0	10:44	4.5	4:00	-0.4	4:29	-0.7	7:11	5:05	
26	Mon	11:00	4.6	11:33	4.3	4:46	0.0	5:10	-0.4	7:10	5:06	
27	Tue	11:48	4.2			5:35	0.3	5:53	0.0	7:10	5:07	
28	Wed	12:20	4.2	12:36	3.9	6:31	0.6	6:40	0.3	7:09	5:08	
29	Thu	1:06	4.1	1:24	3.6	7:33	0.7	7:33	0.5	7:08	5:09	
30	Fri	1:52	4.1	2:15	3.4	8:35	0.7	8:28	0.6	7:07	5:11	
31	Sat	2:42	4.0	3:13	3.3	9:33	0.7	9:22	0.6	7:06	5:12	