

Atlantic Highlands, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:51	3.9	3:37	3.3	9:50	0.7	9:41	0.8	6:28	5:47	
2	Tue	3:54	4.1	4:38	3.5	10:41	0.5	10:34	0.6	6:27	5:49	
3	Wed	4:52	4.3	5:28	3.8	11:27	0.2	11:23	0.3	6:25	5:50	
4	Thu	5:39	4.6	6:11	4.2			12:10	-0.1	6:24	5:51	
5	Fri	6:21	4.9	6:50	4.5	12:10	0.0	12:52	-0.3	6:22	5:52	
6	Sat	6:59	5.1	7:28	4.7	12:56	-0.2	1:33	-0.5	6:21	5:53	
7	Sun	7:38	5.2	8:06	5.0	1:41	-0.4	2:12	-0.6	6:19	5:54	
8	Mon	8:18	5.1	8:46	5.1	2:25	-0.6	2:49	-0.7	6:17	5:55	
9	Tue	9:00	5.0	9:30	5.2	3:09	-0.6	3:26	-0.6	6:16	5:56	
10	Wed	9:47	4.7	10:19	5.2	3:54	-0.5	4:05	-0.5	6:14	5:57	
11	Thu	10:41	4.4	11:14	5.1	4:42	-0.3	4:48	-0.2	6:13	5:58	
12	Fri	11:40	4.2			5:38	0.0	5:41	0.1	6:11	6:00	
13	Sat	12:13	5.0	12:43	4.0	6:47	0.2	6:52	0.3	6:09	6:01	
14	Sun	1:15	4.9	1:48	3.9	8:03	0.3	8:11	0.4	6:08	6:02	
15	Mon	2:21	4.8	2:58	3.9	9:13	0.2	9:24	0.3	6:06	6:03	
16	Tue	3:32	4.8	4:10	4.1	10:14	0.0	10:27	0.1	6:04	6:04	
17	Wed	4:38	4.9	5:11	4.4	11:08	-0.2	11:23	-0.1	6:03	6:05	
18	Thu	5:35	5.1	6:03	4.8	11:57	-0.4			6:01	6:06	
19	Fri	6:23	5.2	6:48	5.0	12:15	-0.3	12:43	-0.6	6:00	6:07	
20	Sat	7:07	5.3	7:29	5.2	1:03	-0.4	1:26	-0.6	5:58	6:08	
21	Sun	7:48	5.2	8:09	5.2	1:49	-0.4	2:06	-0.6	5:56	6:09	
22	Mon	8:28	5.0	8:47	5.1	2:31	-0.4	2:42	-0.4	5:55	6:10	
23	Tue	9:09	4.7	9:25	5.0	3:11	-0.3	3:16	-0.2	5:53	6:11	
24	Wed	9:50	4.4	10:03	4.8	3:49	0.0	3:49	0.1	5:51	6:12	
25	Thu	10:35	4.1	10:43	4.6	4:26	0.2	4:21	0.4	5:50	6:13	
26	Fri	11:22	3.8	11:27	4.3	5:06	0.5	4:55	0.7	5:48	6:14	
27	Sat			12:12	3.6	5:54	0.8	5:38	1.0	5:46	6:15	
28	Sun	12:14	4.2	1:03	3.5	6:57	1.0	6:40	1.2	5:45	6:16	
29	Mon	1:05	4.1	1:58	3.5	8:07	1.1	7:57	1.3	5:43	6:17	
30	Tue	2:02	4.1	2:58	3.6	9:09	0.9	9:06	1.1	5:41	6:18	
31	Wed	3:05	4.1	3:58	3.8	10:02	0.7	10:03	0.8	5:40	6:19	